

# Leonia High School

May 2018  
Lunch Menu

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**

NY Style or Personal Pan Pizza with a Variety of Toppings  
Assorted Freshly Prepared Specialty Salad Meals

**Great Grillers**

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich

**Deli Central**

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings  
Soup and sandwich

**Harvest Market**

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers  
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)

Or Call Maschio's Food Services at: (973) 598-0005

# The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday	
	<b>1 Rodeo Burger on a Bun with Onion Rings and BBQ Sauce</b> Confetti Fries Fresh or Chilled Fruit  <b>National Hamburger Month</b>	<b>2 Crispy Chicken on a Biscuit with Honey Siracha Sauce</b> Spiral Fries Fresh or Chilled Fruit	<b>3 CINCO DE MAYO Celebration</b> <b>Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit Warm Cinnamon Churro	<b>4 STAR WARS DAY</b> <b>Lightsaber Pizza Dippers with Pasta Marinara</b> Chewbacca Cucumber Coins Fresh or Chilled Fruit  <b>School Lunch Hero Day</b>	
	<b>7 Spicy or Plain Chicken Tender Basket</b> Warm Breadstick Tater Tots Fresh or Chilled Fruit	<b>8 Pasta Primavera with Garden Vegetables</b> Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>9 Meatball Parm Sub</b> Oven Baked Fries Fresh or Chilled Fruit	<b>10 General Tso's Popcorn Chicken with Rice</b> Steamed Broccoli Fresh or Chilled Fruit	<b>11 Philly Cheesesteak Hero with Peppers and Onions</b> Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit
	<b>14 Meatless Monday</b> <b>Three Cheese Grilled Cheese Sandwich</b> Freshly Prepared Country Slaw Fresh or Chilled Fruit	<b>15 Cheese Lasagna Rollup with Marinara Sauce</b> Garlic Bread Broccoli Italiano Fresh or Chilled Fruit	<b>16 BBQ Chicken Cheddar Melt</b> Oven Baked Fries Fresh or Chilled Fruit	<b>17 Bacon, Chicken &amp; Cheese Quesadilla with Salsa</b> Black Bean & Corn Salad Fresh or Chilled Fruit <b>National Salsa Month</b>	<b>18 Ham and Cheese Melt on a Pretzel Bun</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
	<b>21 Crispy Chicken BLT Sandwich</b> Potato Wedges Fresh or Chilled Fruit	<b>22 Firecracker Burger on a Bun with Boom Boom Sauce</b> Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit <b>National BBQ Month</b>	<b>23 Pasta Bar with choice of Meatballs &amp; Marinara Sauce, or Alfredo Sauce</b> Dinner Roll Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>24 Breakfast for Lunch</b> <b>Bacon, Egg &amp; Cheese on a Croissant</b> Hash Browns Fresh or Chilled Fruit <b>National Egg Month</b>	<b>25 Chicken Tender Hero</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>28 Memorial Day</b>   <b>School Closed</b>	<b>29 Fajita Chicken Scoop A Bowl with Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Steamed Rice Southwestern Corn Fresh or Chilled Fruit	<b>30 New Recipe! Turkey &amp; Cheese Panini with Chipotle Mayo</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit	<b>31 Mac &amp; Cheese</b> Soft Pretzel Stick Fresh or Chilled Fruit		

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00

**Please Make Checks Payable To:**  
**Leonia Board of Education**

