

Anna C Scott School June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.


All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.85
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

Maschio's Swap Outs Available Daily


Turkey & Cheese Sandwich
Crispy Chicken Salad
Ham & Cheese Sandwich
Salami & Cheese Sandwich
Jamwich Meal
Fruit & Yogurt Parfait Meal
Bagel with Yogurt Bag Meal
Fruit & Cheese Platter with Pita

Available Friday: Tuna Sandwich

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p>enjoy your </p> <h2>Summer Vacation!</h2>				<p>1 Bella's Pizza New York Style Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>
<p>4 Chicken Sandwich Steamed Vegetables Fresh or Chilled Fruit</p>	<p>5 Hamburger or Cheeseburger on a Bun Sweet Potato Fries Fresh or Chilled Fruit</p>	<p>6 Pasta with Meat Sauce Garlic Breadstick Vegetable Medley Fresh or Chilled Fruit</p>	<p>7 Grilled Cheese Sandwich Potato Wedges Steamed Vegetables Fresh or Chilled Fruit</p>	<p>8 Mini Cheese Calzones Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>11 Chicken Dippers Dinner Roll Steamed Vegetables Fresh or Chilled Fruit</p>	<p>12 Philly Cheesesteak Hero Oven Baked Fries Fresh or Chilled Fruit</p>	<p>13 Fiesta Chicken Nacho Platter Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Rice & Beans Steamed Corn Fresh or Chilled Fruit</p>	<p>14 Creamy Mac & Cheese Soft Pretzel Stick Vegetable Medley Fresh or Chilled Fruit</p>	<p>15 Assorted Cheese Pizza Fresh Veggie Dippers Fresh or Chilled Fruit</p>
<p>18 Ham & Cheese Melt on a Croissant Emoji Fries Fresh or Chilled Fruit</p>	<p>19 Hot Dog on a Bun Battered French Fries Fresh or Chilled Fruit</p>	<p>20 Half Day No Lunch Served</p>	<p>21 Half Day No Lunch Served</p>	<p>22 Half Day No Lunch Served LAST DAY OF SCHOOL</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28 </p>	<p>29</p>

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-598-0005

Online payments can be made at: www.payforit.net
Please Make Checks Payable To:
Leonia Board of Education

MENU SUBJECT TO CHANGE



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