

Leonia Middle School

March 2018
Lunch Menu

Student Lunch \$2.85 Reduced Lunch \$0.40 Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings
NEW: * Salad Bar with Choice of Lean Protein, Whole Grain Roll, and Assorted Fresh Vegetables Daily *

Great Grillers

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich
- ◆ **NEW: *Grilled Chicken Wraps**

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings
 Soup and sandwich

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
 Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: (973)598-0005

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



Happy Spring!



<p>5 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit</p>	<p>6 Breakfast for Lunch Waffles Breakfast Sausage Hash Browns Fresh or Chilled Fruit</p>	<p>7 Pasta with Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit</p>	<p>8 Breakfast for Lunch Bacon, Egg, & Cheese on a Croissant Battered French Fries Fresh or Chilled Fruit</p>	<p>9 Mini Pizza Bagels Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>I  SCHOOL BREAKFAST National School Breakfast Week</p>				
<p>12 Meatless Monday Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>13 Taco Tuesday Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>14 Turkey Club on a Roll Curly Fries Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>15 Philly Cheesesteak Hero with Peppers & Onions Potato Wedges Fresh or Chilled Fruit</p>	<p>16 New Recipe! Bella's Pizza New York Style Freshly Prepared Caesar Salad Gelatin Fruit Cups</p>
<p>19 Crispy Bacon Chicken Swiss Sandwich Emoji Fries Fresh or Chilled Fruit</p>	<p>20 Spring Picnic Pretzel Dog Baked Beans Country Slaw Fresh or Chilled Fruit 1st Day of Spring</p>	<p>21 Meatball Parm Hero Vegetables Medley Fresh or Chilled Fruit</p>	<p>22 Sweet & Sour Popcorn Chicken with Rice Broccoli Fresh or Chilled Fruit</p>	<p>23 Mini Cheese Calzones with Marinara Sauce Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit</p>
<p>26 Meatless Monday Cheese Lasagna Rollup with Marinara Sauce Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit</p>	<p>27 New Recipe! Plain or Spicy Chicken Nugget Basket Dinner Roll Potato Wedges Fresh or Chilled Fruit</p>	<p>28 Breakfast For Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit</p>	<p>29  SCOOP-A-BOWL Taco Meat & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS![®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit</p>	<p>30 School Closed</p>

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00
Please Make Checks Payable To:
Leonia Board of Education

