

Student Lunch **\$2.85** Reduced Lunch **\$0.40** Adult Lunch **\$3.35**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings
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Assorted Freshly Prepared Specialty Salad Meals

## Great Grillers

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich

## Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings  
Soup and sandwich

## Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers  
Featured Daily


Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)

Or Call Maschio's Food Services at: (973) 598-0005

# The Main Event

| Monday                                                                                                                                     | Tuesday                                                                                                                        | Wednesday                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                  | Friday                                                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>2</b><br><b>Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll</b><br>Fresh or Chilled Fruit | <b>3 New Recipe!</b><br><b>"Srirancha" Cheeseburger on a Bun</b><br>Tater Tots<br>Fresh or Chilled Fruit                       | <b>4 National Taco Day!</b><br><b>TACOS</b> with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa<br>Steamed Rice<br>Corn<br>Fresh or Chilled Fruit                  | <b>5 Pasta Alfredo with Garden Veggies</b><br>Warm Breadstick<br>Fresh Cut Cucumber Coins<br>Fresh or Chilled Fruit                                                                                                                                                                                                                                                                                                       | <b>6 Philly Cheesesteak Hero with Peppers and Onions</b><br>French Fries<br>Fresh or Chilled Fruit                                   |
| <b>9 School Closed</b>                                                                                                                     | <b>10 Meatball Parm Sandwich</b><br>Freshly Prepared Spring Mix Salad<br>Fresh or Chilled Fruit                                | <b>11 Breakfast for Lunch</b><br><b>Bacon, Egg, &amp; Cheese on a Croissant Bun</b><br>Hash Browns<br>Fresh or Chilled Fruit                                                                        | <b>12 New Recipe!</b><br>#Throwback Thursday<br><b>Buffalo Chicken Mac &amp; Cheese</b><br>Soft Pretzel Stick<br>Steamed Broccoli<br>Fresh or Chilled Fruit                                                                                                                                                                                                                                                               | <b>13 New Recipe!</b><br><b>Sweet Chili Chicken Rice Bowl with Stir Fry Vegetables</b><br>Fresh or Chilled Fruit                     |
| <b>NATIONAL SCHOOL LUNCH WEEK</b>                                                                                                          |                                                                                                                                |                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                      |
| <b>16 Crispy Chicken BLT on a Roll</b><br>Freshly Prepared Creamy Cucumber Salad<br>Fresh or Chilled Fruit                                 | <b>17 Rodeo Burger on a Bun with BBQ Sauce &amp; Onion Rings</b><br>French Fries<br>Fresh or Chilled Fruit                     | <b>18 SCOOP-A-BOWL</b><br>Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa<br>Tostitos SCOOPS! <sup>®</sup><br>Tortilla Chips<br>Steamed Corn<br>Fresh or Chilled Fruit | <b>19 Buffalo Chicken or Creamy Macaroni &amp; Cheese</b><br>Warm Breadstick<br>Steamed Broccoli<br>Fresh or Chilled Fruit                                                                                                                                                                                                                                                                                                | <b>20 Twisted Cheesy Breadsticks with Marinara Sauce</b><br>Pasta Marinara<br>Locally Grown Veggie Dippers<br>Fresh or Chilled Fruit |
| <b>23 Grilled Cheese Sandwich with Bacon</b><br>Tomato Soup<br>Fresh Veggie Dippers<br>Fresh or Chilled Fruit                              | <b>24 New Recipe! Chicken Fried Rice</b><br>Steamed Vegetables<br>Mandarin Oranges<br>Fresh or Chilled Fruit<br>Fortune Cookie | <b>25 Pasta with Meat Sauce</b><br>Warm Breadstick<br>Freshly Prepared Garden Salad<br>Fresh or Chilled Fruit                                                                                       | <b>26 California Chicken Tender Hero with Lettuce, Tomato, &amp; Mayo</b><br>Freshly Prepared Tomato Salad<br>Fresh or Chilled Fruit                                                                                                                                                                                                                                                                                      | <b>27 Mini Pepperoni Calzones with Marinara Sauce</b><br>Freshly Prepared Italian House Salad<br>Fresh or Chilled Fruit              |
| <b>30 Buffalo Popcorn Chicken Basket with Soft Pretzel Sticks &amp; Tater Tots</b><br>Fresh or Chilled Fruit                               | <b>31 HALLOWEEN New Recipe! Korean Beef Soft Tacos</b><br>Asian Slaw<br>100% Juice<br>Orange Sorbet<br>Fresh or Chilled Fruit  |                                                                                                                | <p style="text-align: center;"><b>Cook Up your own Recipe for Success during National School Lunch Week!</b></p> <p>This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p> |                                                                                                                                      |

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00

**Please Make Checks Payable To:**  
**Leonia Board of Education**