

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

### Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings

**NEW:** \* Salad Bar with Choice of Lean Protein, Whole Grain Roll, and Assorted Fresh Vegetables Daily \*

### Great Grillers

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich

### Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings Soup and sandwich

### Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: (973)598-0005

# The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy</b> Dinner Roll Fresh or Chilled Fruit	<b>3</b> <b>California Cheeseburger on a Bun</b> Tater Tots Fresh or Chilled Fruit	<b>4</b> <b>National Taco Day!</b> Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	<b>5</b> <b>BBQ Grilled Chicken Sandwich</b> Country Slaw Vegetarian Baked Beans Strawberry Applesauce	<b>6</b> <b>Philly Cheesesteak Hero with Peppers and Onions</b> French Fries Fresh or Chilled Fruit
<b>9</b> School Closed	<b>10</b> <b>Pasta with Meatballs</b> Warm Garlic Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	<b>11</b> <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Breakfast Sausage Hash Browns Fresh or Chilled Fruit	<b>12 New Recipe!</b> #ThrowbackThursday <b>Cheeseburger Mac &amp; Cheese</b> Soft Pretzel Stick Broccoli Fresh or Chilled Fruit	<b>13 New Recipe!</b> <b>Sweet Chili Chicken Rice Bowl with Stir Fry Vegetables</b> Fresh or Chilled Fruit
<b>NATIONAL SCHOOL LUNCH WEEK</b>				
<b>16</b> <b>Crispy Chicken BLT on a Roll</b> Fresh Cucumber Coins Fresh or Chilled Fruit	<b>17</b> <b>Top Your Own Hot Dog On a Bun</b> French Fries Fresh or Chilled Fruit	<b>18</b> <b>SCOOP-A-BOWL</b> Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	<b>19</b> <b>Breakfast for Lunch</b> <b>Pancakes</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>20</b> <b>Twisted Cheesy Breadsticks with Marinara Sauce</b> Locally Grown Veggie Dippers Fresh or Chilled Fruit
<b>23</b> <b>Grilled Cheese Sandwich</b> Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	<b>24 New Recipe!</b> <b>Chicken Fried Rice</b> Steamed Vegetables Fortune Cookie Mandarin Oranges	<b>25</b> <b>Pasta with Meat Sauce</b> Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>26</b> <b>Chicken Tenders</b> Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit	<b>27</b> <b>Mini Pepperoni Calzones with Marinara Sauce</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>30</b> <b>Rodeo Burger on a Bun with BBQ Sauce &amp; Onion Rings</b> Smile Fries Fresh or Chilled Fruit	<b>31 HALLOWEEN</b> <b>Turkey Corn Dog Nuggets</b> Sweet Potato Tots 100% Juice Orange Sorbet		<b>Cook Up your own Recipe for Success during National School Lunch Week!</b> This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. <b>Each winner's recipe creation will be featured on the January Menu!</b>	

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payfort.net**: 10 for \$28.50 / 20 for \$57.00  
**Please Make Checks Payable To:**  
**Leonio Board of Education**