



Anna C Scott School

March 2018
Lunch Menu

NUTRITION NEWS: Celebrate National Nutrition Month® and "Go Further with Food!" The foods we choose can make a real difference in how we think, learn, and play! Here are some tips to "Go Further with Food" this month:

- Make an effort to include a variety of healthy and colorful foods from all the food groups daily!
- Be sure to consume the appropriate portion size. Don't forget to use MyPlate as a guide for choosing the best foods to fuel your body!
- Think outside the box. Discover activities that you look forward to and make yourself a goal to be physically active every day.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85
Reduced Lunch \$0.40
Adult Lunch \$3.35

Maschio's Swap Outs Available Daily

- Turkey & Cheese Sandwich
- Crispy Chicken Salad
- Ham & Cheese Sandwich
- Salami & Cheese Sandwich
- Peanut Butter & Jelly Sandwich Meal
- Fruit & Yogurt Parfait Meal
- Bagel with Yogurt Bag Meal
- Fruit & Cheese Platter with Pita

Available Friday: Tuna Sandwich

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
 5 Popcorn Chicken Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit	 6 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	7 Pasta with Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	1 Creamy Mac & Cheese Dinner Roll Steamed Broccoli Fresh or Chilled Fruit	2 Twisted Cheesy Breadsticks with Marinara Sauce Rainbow Garden Salad "Pink Ink Yink" Sorbet <i>Dr. Seuss' Birthday Read Across America</i>
12 Meatless Monday Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	 13 Taco Tuesday Scoop-a-Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Tostitos SCOOPS!® Tortilla Chips Rice Steamed Corn Fresh or Chilled Fruit	14 Roast Turkey with Gravy Dinner Roll Mashed Potatoes Steamed Carrots Fresh or Chilled Fruit	8 Breakfast for Lunch New Recipe! Bacon, Egg, & Cheese on a Croissant Battered French Fries Fresh or Chilled Fruit	9 Mini Pizza Bagels Freshly Prepared Italian House Salad Fresh or Chilled Fruit
19 Crispy Chicken Sandwich Emoji Fries Fresh or Chilled Fruit	20 Spring Picnic Pretzel Dog Baked Beans Country Slaw Fresh or Chilled Fruit <i>1st Day of Spring</i>	21 Pasta with Meatballs Garlic Bread Vegetable Medley Fresh or Chilled Fruit	15 Hamburger or Cheeseburger on a Bun Potato Wedges Fresh or Chilled Fruit	 16 Bella's Pizza New Recipe! New York Style Freshly Prepared Caesar Salad Gelatin Fruit Cups
26 Meatless Monday Cheese Lasagna Rollup with Marinara Sauce Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit	27 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit	28 Breakfast for Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit	22 Sweet & Sour Popcorn Chicken with Rice Broccoli Fresh or Chilled Fruit	23 Stuffed Crust Cheese Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
5 Popcorn Chicken Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit	27 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit	28 Breakfast for Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit	29 Pizza Crunchers with Marinara Sauce Freshly Prepared Garden Salad Fresh or Chilled Fruit	30 School Closed

Our well

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 973-598-0005

Lunch Tickets are available in the cafeteria:
10 for 28.50/ 20 for \$57.00

**Please Make Checks Payable To:
Leonia Board of Education**



"This institution is an equal opportunity provider"

MENU SUBJECT TO CHANGE