

Leonia High School

April 2018
Lunch Menu

Student Lunch \$2.85 Reduced Lunch \$0.40 Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh

NY Style or Personal Pan Pizza with a Variety of Toppings
Assorted Freshly Prepared Specialty Salad Meals

Great Grillers

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings
Soup and sandwich

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: (973) 598-0005

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

2 Chicken Fajita Wrap with Shredded Cheddar, Peppers and Onions Steamed Peas Fresh or Chilled Fruit	3 Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Rice Steamed Corn Fresh or Chilled Fruit	4 Crispy Chicken BLT Club Sandwich Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit	5 Pasta Bar with choice of Meatballs & Marinara Sauce, Meat Sauce, or Alfredo Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	6 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Steamed Broccoli Fresh or Chilled Fruit
9 Firecracker Chicken Sandwich with Boom Boom Sauce Vegetable Medley Fresh or Chilled Fruit	10 New Recipe! Sweet Chili Beef Rice Bowl with Broccoli Fresh or Chilled Fruit	11 Buffalo Chicken or Creamy Mac & Cheese Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	12 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Potato Wedges Fresh or Chilled Fruit	13 Chicken Parm Hero Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16	17	18	19	20
<h2>Spring Recess! School Closed</h2>				
23 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	24 Philly Cheesesteak Hero with Peppers & Onions Oven Baked Fries Fresh or Chilled Fruit	25 Pasta with Meatballs Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 National Pretzel Day Ham & Cheese Melt on a Pretzel Bun Emoji Fries Fresh or Chilled Fruit	27 Pizza Crunchers with Marinara Sauce Freshly Prepared Garden Salad Fresh or Chilled Fruit
30 Meatless Monday Caprese Panini with Mozzarella Cheese, Tomatoes, Basil, & Balsamic Glaze Italian-Style Potato Wedges Fresh or Chilled Fruit				

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00

Please Make Checks Payable To:
Leonia Board of Education



"This institution is an equal opportunity provider"