

# Leonia High School

March 2018  
Lunch Menu

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**

NY Style or Personal Pan Pizza with a Variety of Toppings  
Assorted Freshly Prepared Specialty Salad Meals

**Great Grillers**

- ◆ Hamburger or Cheeseburger on a Bun
- ◆ Crispy or Grilled Chicken Sandwich
- ◆ Philly Cheesesteak Sandwich

**Deli Central**

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings Soup and sandwich

**Harvest Market**

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)

Or Call Maschio's Food Services at: (973) 598-0005



Happy Spring!



5 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit

6 Breakfast for Lunch  
**New Recipe!**  
Egg & Turkey Chorizo Burrito Hash Browns Fresh or Chilled Fruit

7 Pasta Bar with choice of Meatballs & Marinara Sauce or Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit

1 Buffalo Chicken or Creamy Mac & Cheese Dinner Roll Steamed Broccoli Fresh or Chilled Fruit

2 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Freshly Prepared Garden Salad Fresh or Chilled Fruit

I SCHOOL BREAKFAST National School Breakfast Week

12 **New Recipe!**  
Crispy Chicken on a Biscuit with Maple Sriracha Sauce Sweet Potato Fries Fresh or Chilled Fruit

13 Taco Tuesday  
Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit

14 Turkey Club on a Roll Seasoned French Fries Fresh Veggie Dippers Fresh or Chilled Fruit

15 Philly Cheesesteak Hero with Peppers & Onions Potato Wedges Fresh or Chilled Fruit

16 **New Recipes!**  
Loaded Potato Wedges with Cheese Dinner Roll Freshly Prepared Caesar Salad Gelatin Fruit Cups Fresh or Chilled Fruit

19 Crispy Bacon Chicken Swiss Sandwich Emoji Fries Fresh or Chilled Fruit

20 Sweet Chili Chicken & Rice Bowl Stir Fry Veggies Fresh or Chilled Fruit

21 Meatball Parm Hero Vegetable Medley Fresh or Chilled Fruit

22 **New Recipe!**  
General Tso's Popcorn Chicken Lettuce Wraps with Asian Slaw Steamed Rice Fresh or Chilled Fruit

23 Chicken Parm Sandwich Curly Fries Fresh Veggie Dippers Fresh or Chilled Fruit

1st Day of Spring

26 **Meatless Monday**  
**New Recipe!**  
Cheese Lasagna Rollup with Marinara Sauce Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit

27 **New Recipe!**  
Plain or Spicy Chicken Nugget Basket Dinner Roll Potato Wedges Fresh or Chilled Fruit

28 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce Sweet Potato Tots Fresh or Chilled Fruit

29 **SCOOP-A-BOWL**  
Taco Meat & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS® Tortilla Chips Steamed Corn Fresh or Chilled Fruit

30 **School Closed**

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria or **payforit.net**: 10 for \$28.50 / 20 for \$57.00  
**Please Make Checks Payable To:**  
**Leonia Board of Education**

