

**COURSES ARE OPEN TO
RESIDENTS OF ALL COMMUNITIES**

Nanuet Community Ed,
103 Church St, Nanuet, NY 10954
(845) 627-9860, 627-9862

H.S. – High School
M.S. - Middle School
ML - Miller School
HV – Highview School

COURSES OFFERED

(See description under day offered)

Aerobicized Fitness Beginner	ML	Wednesday
Art of Chinese Calligraphy/Japanese Kanji	H.S.	Tuesday
Authentic Middle Eastern/ Mediterranean Cooking	H.S. - New!	Wednesday
Ballroom Dancing	ML	Friday
Basic Core & More	M.S.	Monday
Belly Dancing	ML - New!	Thursday
Body Sculpting	M.S.	Wednesday
Bus Trips	P. 22 - New!	Bus Trips
Cardio Kickboxing	ML	Wednesday
Cardio Sculpt	ML	Tuesday
Children's Books, Writing & Publishing	H.S.	Thursday
Chinese & Japanese Cooking	H.S.	Monday
Chinese Martial Arts And Energy Fitness...	ML - New!	Monday
Computers:		
iPad/iPhone, Learning To Love It	H.S.	Tuesday
Keyboarding (Typing)	M.S.	Tuesday & Friday
Microsoft Excel Intro.	H.S.	Monday
Microsoft PowerPoint	M.S. - New!	Tuesday
Conquer the Gym	H.S. - New!	Tuesday
Create A More Joyful Life	H.S.	Wednesday
Crime On Your Mind	H.S.	Wednesday
Crochet for Beginners	H.S.	Saturday
Cyber Safety	H.S. – New	Wednesday
Digital Photography: Getting To Know...	H.S.	Wednesday
Digital Photography: Getting The Image...	H.S.	Wednesday
Doormat Fitness	M.S. – New!	Thursday
Drawing for Enjoyment – Beginner	H.S.	Tuesday
Drawing for Enjoyment – Intermediate	H.S.	Thursday
Driver Education – Defensive Driving	H.S. – P. 3	Various
Driver Education – New Driver Training	H.S. – P. 7	Info TBA
English for Speakers of Other Languages	P. 15	Info
Fitness 3i20	M.S. – New!	Thursday
Fit Walk	M.S.	Monday
Fit Walk	ML	Tuesday
Guitar II Beginner Progressive	ML – New!	Monday
Guitar III Keys & Capos	ML – New!	Monday

High School Equivalency	P. 18	Info
Hiking Rockland	H.S. – New!	Thursday/Sunday
iPhone Camera, Use it Like A Pro	H.S.	Tuesday
Jewelry Making	H.S.	Monday
Knitting for Beginners	H.S.	Wednesday
Language:		
Chinese for Beginners	H.S.	Wednesday
French for Beginners	H.S.	Tuesday
French II	H.S.	Tuesday
Italian Language – Advanced	H.S. – New!	Wednesday
Italian Language – Conversational	H.S. – New!	Monday
Italian Language – Intermediate	H.S. – New!	Thursday
Spanish for Beginners	H.S.	Tuesday
Spanish Intermediate	M.S.	Wednesday
Spanish Intermediate II	M.S.	Thursday
Line Dancing for Beginners	H.S.	Monday
Line Dancing for Seniors Beginner	H.S.	Saturday
Mah Jongg for Beginners	H.S.	Monday
Meditation & Self-Healing Practices	H.S. – New!	Wednesday
Mental Health Awareness....	H.S. – New!	Monday
Open Gym	M.S.	Tuesday
Photoshop Elements	M.S.	Monday
Pilates Beginner	M.S.	Wednesday
Retirement Survival	H.S.	Monday
Rockland County Concert Band	H.S.	Tuesday
Tennis Indoors	M.S.	Monday
Volleyball – Experienced	H.S.	Monday
Volleyball – Recreational	H.S.	Wednesday
Watercolor Beginner I	H.S.	Wednesday
Watercolor Beginner II	H.S.	Wednesday
Yoga:		
Yoga Back Therapy	HV	Monday
Yoga Hatha with Marie	ML	Thursday
Yoga for Seniors	H.S.	Saturday
Zumba	ML	Monday

HIGH SCHOOL : The only entrance in the evening will be through the front doors. Parking is available in the front of the building.
MIDDLE SCHOOL : The main entrance is in the front. Park in the front lot. PLEASE do not park on the entrance road as these are fire lanes and subject to ticketing and/or towing. Parking is also available behind the building.
MILLER SCHOOL: Enter at the main entrance until 6:30pm, thereafter use doors by curved driveway at front. PLEASE do not park in fire zones as they are subject to ticketing and/or towing.
HIGHVIEW SCHOOL: Entrance through front right door or rear entrance.