

**COURSES ARE OPEN TO  
RESIDENTS OF ALL COMMUNITIES**

Nanuet Community Ed,  
103 Church St, Nanuet, NY 10954  
(845) 627-9860, 627- 9862

H.S. – High School  
M.S. - Middle School  
ML - Miller School  
HV – Highview School

**COURSES OFFERED**

(See description under day offered)

Aerobicized Fitness Beginner	ML	Wednesday
Art of Chinese Calligraphy/Japanese Kanji	H.S.	Tuesday
Ballroom Dancing	ML	Friday
Basic Core & More	M.S./HV	Monday
Body Sculpting	M.S.	Wednesday
Bus Trips	P. 21 - <b>New!</b>	Bus Trips
Cardio Sculpt	ML/HV	Tuesday
Cardio Kickboxing	ML	Wednesday
Computers:		
iPad/iPhone, Learning To Love It	H.S. – <b>New!</b>	Thursday
Keyboarding (Typing)	M.S.	Tues & Friday
Microsoft Excel Intro.	H.S.	Monday
Microsoft Word for Beginners	M.S.	Tuesday
Cooking, Drama Free	H.S. – <b>New!</b>	Monday
Crochet for Beginners	M.S.	Tuesday
Digital Photography: Why Your Camera...	H.S. – <b>New!</b>	Wednesday
Digital Photography: Getting The Image...	H.S. – <b>New!</b>	Wednesday
Drawing for Enjoyment - Beginner	H.S.	Tuesday
Drawing for Enjoyment - Intermediate	H.S. – <b>New!</b>	Thursday
Driver Education – Insurance Reduction	H.S. – P. 3	Various
Driver Education – New Driver Training	H.S. – P. 12	Info TBA
English for Speakers of Other Languages	P. 16	Info
Fit Walk	M.S./HV	Monday
Fit Walk	ML/HV	Tuesday
Genealogy	M.S. – <b>New!</b>	Tuesday
Great Events & Good People in History	H.S. – <b>New!</b>	Saturday
Guitar I Beginner	ML	Monday
Guitar III Keys & Capos	ML – <b>New!</b>	Monday
High School Equivalency	P. 16	Info
Hiking Moderate to Experienced	H.S.	Thurs/Sunday
Hiking Rockland & Surrounding Area	H.S.	Thurs/Sunday
Knitting for Beginners	H.S.	Wednesday
Language:		
American Sign Language, Intro	H.S. – <b>New!</b>	Saturday
Chinese for Beginners	H.S. – <b>New!</b>	Tuesday
French for Beginners	H.S.	Tuesday
French II	H.S. – <b>New!</b>	Tuesday

Language continued:		
Italian Language – Advanced	H.S. – <b>New!</b>	Wednesday
Italian Language – Conversational	H.S. – <b>New!</b>	Monday
Italian Language – Intermediate	H.S. – <b>New!</b>	Thursday
Spanish for Beginners	H.S.	Tuesday
Spanish Intermediate	M.S.	Wednesday
Line Dancing for Beginners	H.S.	Monday
Line Dancing for Seniors Beginner	H.S.	Saturday
Mah Jongg for Beginners	H.S.	Tuesday
Mastering Gym Equipment	H.S.	Tuesday
Meditation	M.S. – <b>New!</b>	Wednesday
Open Gym	M.S.	Tuesday
Photoshop Elements	M.S. – <b>New!</b>	Monday
Pilates Beginner	M.S.	Wednesday
Stress Management, Be Resilient!	M.S. – <b>New!</b>	Wednesday
Retirement Survival	H.S.	Thursday
Rockland County Concert Band	H.S.	Tuesday
Tai Chi For Beginners	M.S.	Monday
Tennis Indoors	M.S.	Monday
“Unlearn” Stress, Guilt & Worry	H.S.	Tuesday
Volleyball – Experienced	H.S.	Monday
Volleyball – Recreational	H.S.	Wednesday
Watercolor Beginner I & II	H.S.	Wednesday
Yoga:		
Chair Yoga	H.S.	Saturday
Yoga Back Therapy	HV	Monday
Yoga Hatha, Beginner to Intermediate	MS	Tuesday
Yoga Hatha with Marie	ML	Thursday
Yoga for Seniors	H.S.	Saturday
Zumba	ML	Monday

<b>HIGH SCHOOL : The only entrance in the evening will be through the front doors. Parking is available in the front of the building.</b>
<b>MIDDLE SCHOOL : The main entrance is in the front. Park in the front lot. PLEASE do not park on the entrance road as these are fire lanes and subject to ticketing and/or towing. Parking is also available behind the building.</b>
<b>MILLER SCHOOL: Enter at the main entrance until 6:30pm, thereafter use doors by curved driveway at front. PLEASE do not park in fire zones as they are subject to ticketing and/or towing.</b>
<b>HIGHVIEW SCHOOL: Entrance through front right door or rear entrance.</b>