



THE GREENBURGH-GRAHAM UNION-FREE SCHOOL DISTRICT  
 1 SOUTH BROADWAY  
 HASTINGS-ON-HUDSON, NEW YORK 10706  
 (914) 478-1106 Ext 1260 FAX (914) 613-0055

**STANDING ORDERS FOR OVER THE COUNTER MEDICATION 2019-2020**

The following orders are for the Greenburgh Graham School Nurse to administer to students of the school only.

1. Acetaminophen: Ages 12 and over: 325-650mg (tablet) q 4-6h PRN pain or fever. Ages 6-11: Liquid Children's Tylenol, dosage based on weight/age. Do not exceed 4 grams in 24 hours.
2. Ibuprofen: Ages 12 and over: 200-400mg (tablet) q6-8h PRN pain or fever. Ages 6-11: Liquid Children's Motrin, dosage based on weight/age.
3. Analgesic Throat Spray (Cepacol or other brand): Spray into the throat no more than 4 times daily.
4. Nausea Medication (Emetrol or other brand): Ages 12 and over: 5ml q 15 minutes, no more than 5 does maximum.
5. Tums (\*contains phenylalanine): Ages 12 and over: 1-2 tablets chewed 2-3 times daily for acid indigestion.
6. Pepto bismol : Ages 12 and over: 15ml no more than 2 does maximum. Pepto bismol Kids : Ages 6 and over: 1 chewable no more than 2 does maximum.
7. Diphenhydramine (Benadryl): Ages 12 and over: 25mg q8h for allergy signs and symptoms. Ages 6-11: Children's Liquid Benadryl, dose based on weight/age.
8. Loratadine 10mg or other non-sedating antihistamine: Ages 12 and over: 1 tablet for allergy signs and symptoms.
9. Midol or other OTC menstrual cramp remedy: For girls, 1-2 tablets for menstrual cramps q6h.
10. Robitussin cough elixir: Ages 12 and over: 5ml PRN q 4h for cough
11. Menthol/ eucalyptus cough drops (cherry flavor): Ages 6 and over: 1 lozenge PRN q2h for cough.
12. Bacitracin: Apply to affected area as first aid to prevent infected of minor cuts, scrapes, and burns.
13. Epi-pen (or other epinephrine auto-injector):  $\geq 30$  kg ( $\geq 66$  pounds) 0.3 mg /0.3 mL, or 15-30 kg (33-66 pounds) 0.15 mg/0.3 mL SC x 1 dose PRN allergic reaction. **Call 911 immediately!**  
**Patient must be transferred to local hospital Emergency Department.**
14. Nebulizer treatment with albuterol: For children with a history of asthma, who complain of wheezing, and who have a prescription on file for nebulized albuterol: 1 unit dose albuterol inhaled via nebulizer over 10-15 minutes.
15. Albuterol inhaler: For children who have on file a prescription for albuterol to manage wheezing: 2 puffs, inhaled, as a rescue dose, x 1 dose PRN wheezing. May be repeated x1 dose.

Electronically Signed:     Joy Elwell NP/ Medical Director     NYS NP License : 330942           

I authorize the school Nurse to administer any of the above OTC medication if needed during school hours to my child.

Parent Authorization/ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Name: \_\_\_\_\_

Allergies (including to medications): \_\_\_\_\_