


# 10 REAL Testing Tips


Reminders for Your Students Before ANY and EVERY TEST

## FIRST, THE BEFORE-TEST NO-BRAINERS

**1.**  
**Read, study, and work hard.**  
*If you do this, you won't need the other 9 tips!*



**2.**  
**Get a good night's rest.**  
*Do something relaxing before bed (without any electronics).*



**3.**  
**Eat well.**  
*Make sure you have a good, balanced breakfast. Bring a snack, too!*



## TIPS TO GET YOU THROUGH THE TEST

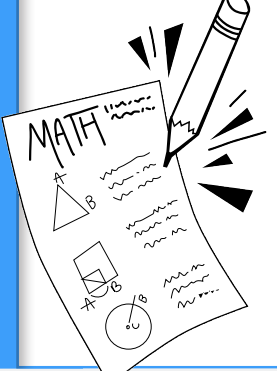
**4.**  
**Get it in perspective.**  
*A little anxiety means you care enough to do well.*




**5.**  
**Read and listen carefully.**  
*There may be some helpful tips and tools to keep you on track and on your way to good strategies.*



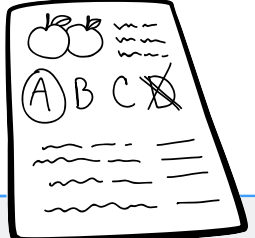
**6.**  
**Focus.**  
*Work hard throughout the entire test—from the first question to the last question!*



**7.**  
**Don't rush, and don't get stuck.**  
*Work through the questions and answers at a consistent and steady pace.*




**8.**  
**Eliminate** answer choices.  
*If you remove answers that are incorrect, you have a better chance at guessing the right one!*



**9.**  
**Get it in perspective again.**  
*Once you have your test score, remember that it is a snapshot in time and one bad selfie never ruined anyone's life.*



**10.**  
**Think about the results.**  
"Do the best you can until you know better. Then when you know better, **do better.**"  
~MAYA ANGELOU



*This is the WHOLE point of any test! Did you study as hard or as smart as possible? Why? Why not? Did you have the best resources to help you learn? Why or why not? Are you good at some things and weak in others? Why?*

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