

# Welcome to our Breakfast Cafe at...

Port Chester High School

February 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



<p>4 Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Or Whole Grain French Toast Slices With Syrup Sliced Peaches Fresh Orange</p>	<p>5 Homemade Pancakes With Syrup And Sausage Patty Breakfast Waffle Tower Pear and Pineapple Cup Fresh Red Delicious Apple</p>	<p>6 Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Or Homemade Waffles With Syrup Cinnamon Applesauce Fresh Orange</p>	<p>7 Homemade Pancakes With Syrup And Sausage Patty Breakfast Waffle Tower Mixed Fruit Fresh Red Delicious Apple</p>	<p>1 Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Or Whole Grain French Toast Slices With Syrup Cinnamon Applesauce Fresh Banana</p>
<p>11 Whole Grain French Toast Slices With Syrup Or Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Diced Pear Cup Fresh Red Delicious Apple</p>	<p>12 Breakfast Waffle Tower Or Homemade Pancakes With Syrup And Sausage Patty Mixed Fruit Fresh Orange</p>	<p>13 Homemade Waffles With Syrup Or Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Pineapple Cup Fresh Red Delicious Apple</p>	<p>14 Breakfast Waffle Tower Or Homemade Pancakes With Syrup And Sausage Patty Applesauce Fresh Orange</p>	<p>15 Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Or Whole Grain French Toast Slices With Syrup Mixed Fruit Fresh Banana</p>

# Winter Recess

All Schools Closed

<p>25 Whole Grain French Toast Slices With Syrup Or Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Diced Pear Cup Fresh Red Delicious Apple</p>	<p>26 Breakfast Waffle Tower Or Homemade Pancakes With Syrup And Sausage Patty Mixed Fruit Fresh Orange</p>	<p>27 Homemade Waffles With Syrup Or Scrambled Eggs With Whole Wheat Dinner Roll Crispy Potato Puffs Sliced Peaches Fresh Red Delicious Apple</p>	<p>28 Breakfast Waffle Tower Or Homemade Pancakes With Syrup And Sausage Patty Pear and Pineapple Cup Fresh Orange</p>
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All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



**Lunch Prices**  
 Reimbursable Lunch \$1.30  
 Reduced and Free \$0.00  
 Adult Lunch \$4.00 TAX INCLUDED  
**Pay Online:**  
[MySchoolBucks.com](http://MySchoolBucks.com)  
 If you have questions please call Magalie Porretto, Food Service Director at 914-934-7976

**Available Daily**  
 Fresh Egg & Cheese Sandwiches on a Roll  
 Sausage, Egg & Cheese on a Bagel  
 Whole grain bagels w/ butter or low fat cream cheese,  
 Assorted Yogurt, Cold Cereal, and Cereal Bars Served with:  
 Choice of Belly Bear Graham Crackers or String Cheese  
 Assorted Muffins: Blueberry, Chocolate Chip, Banana & Apple  
**All Breakfasts are Served with Choice of:**  
 Whole Fruit, Cupped Fruit, 100% Juice,  
 and Choice of Low-fat or FF White Milk or FF Chocolate Milk

**Free Breakfast Everyday to All Students @ the Kiosk or in the Cafe!**

This institution is an equal opportunity provider VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.