

Welcome to our Lunch Cafe at...

Port Chester Elementary Schools

January 2019

MEATLESS MONDAY

Monday

HARVEST of the MONTH

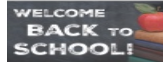


Tuesday

Happy New Year!
All Schools Closed

Wednesday

2 Baked Chicken Tenders With French Bread Mixed Vegetables Carrot Dippers Sliced Peaches Fresh Apple Sugar Cookie



Assorted Sauces
Ketchup, BBQ, Ranch,

Thursday

3 Crispy Tacos With Yellow Rice Black Beans 🌮 Fiesta Corn Pineapple Cup Fresh Banana

Assorted Toppings
Cheddar Cheese, Tomato, Lettuce

Friday

4 Classic Cheese Pizza 🍕 With Steamed Broccoli Or Fruity Granola Parfait 🥗 Red Pepper Strips Mixed Fruit Fresh Granny Smith Apple

7 Grilled Cheese Sandwich 🍷 With Oven Baked Fries Broccoli Bites Applesauce Fresh Grapes

MEATLESS MONDAY

Lucky Tray Day!

8 Cheeseburger Or Veggie Burger 🍔 Sweet Potato Fries Garden Salad Cinnamon Applesauce Fresh Orange

Assorted Toppings
Tomato, Lettuce, Onion

9 Fluffy Whole Grain Waffles 🍷 With Syrup Turkey Sausage Patty Crispy Potato Puffs Carrot Dippers Apple Cobbler Side Fresh Pear Apple Cherry 100% Juice



10 Crispy Chicken Sandwich Mixed Vegetables Caesar Salad Diced Pear Cup Fresh Banana Chocolate Chip Cookie

IT'S STUDENT APPRECIATION DAY

11 Chicken Fajita Pizza With Sautéed Spinach Or Fruity Granola Parfait 🥗 Chickpea Salad Cinnamon Applesauce Fresh Grapes

Enjoy a nice cold milk in celebration of National Milk Day!

14 Mozzarella Sticks 🍷 With Tomato Sauce Dip 🍷 And Garlic Bread Steamed Peas Caesar Salad Diced Pear Cup Fresh Orange

MEATLESS MONDAY

15 Crispy Popcorn Chicken Whole Wheat Dinner Roll Steamed Carrots Cucumber Coins Sliced Peaches Fresh Apple

Assorted Sauces
Ketchup, BBQ, Ranch,

16 Pasta & Meat Sauce 🍝 With Cheesy Garlic Bread Steamed Italian Vegetables Garden Salad Pineapple Cup Fresh Grapes

Lucky Tray Day!

17 Nachos Grande With Yellow Rice Black Beans Sweet Corn Pear and Pineapple Cup Fresh Banana

Assorted Toppings
Cheddar Cheese, Tomato, Lettuce

18 Classic Cheese Pizza 🍕 Green Beans Or Fruity Granola Parfait 🥗 Carrot Dippers Mixed Fruit Fresh Orange



22 Turkey Hot Dog on Bun Baked Beans Red Pepper Strips Diced Pear Cup Watermelon Cup

Lucky Tray Day!

Assorted Toppings
Ketchup, Mustard, Relish

23 Whole Grain Pancakes with Sausage And Syrup Crispy Potato Puffs Grape Tomatoes Cinnamon Apple Slices Fresh Orange Apple Cherry 100% Juice



24 Cheeseburger Or Veggie Burger 🍔 Oven Baked Fries Chickpea Salad Sliced Peaches Fresh Banana

Assorted Toppings
Tomato, Lettuce, Onion

25 Pepperoni Pizza Mixed Vegetables Or Fruity Granola Parfait 🥗 Caesar Salad Pineapple Cup Fresh Apple

28 Homemade Mac & Cheese 🍷 With French Bread Steamed Broccoli Carrot Dippers Diced Pear Cup Fresh Orange

MEATLESS MONDAY

29 Meatball Dunkers All With Garlic Bread And Pasta with Butter 🍝 Green Beans Caesar Salad Applesauce Fresh Orange

30 Chicken Nugget & Mozzarella Stick Combo 🍷 Whole Wheat Dinner Roll Roasted Butternut Squash Fresh Cucumber Salad Diced Pear Cup Honeydew and Cantaloupe Cup

31 Chicken Cheese Quesadilla With Yellow Rice Black Beans 🌮 Fiesta Corn Pineapple Cup Fresh Banana

Lucky Tray Day!



Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Our Simply Rooted™ food philosophy and sustainability platform is based on delivering wholesome, all-natural meals to everyone's table, while giving back to the environment.



Lunch Prices

Reimbursable Lunch \$1.00
Reduced and Free \$0.00

Adult Lunch \$3.90 TAX INCLUDED

Pay Online:
MySchoolBucks.com

All lunches include choice of:

Fresh veggies w/low-fat dip/ Hot Vegetable of the Day Tossed Salad/ Fresh or cupped fruit

100% Fruit Juice and / or

1% Milk or Fat Free Milk and FF Chocolate Milk

Free Breakfast for All Students Daily!

Alternate Lunch Options:

Bagel Melt

Peanut butter & Jelly Sandwich

Bagel served with Yogurt and String Cheese

Cold Sandwich Meal – Option B

Always on WW Bread: M: Ham T: Turkey W: American Combo

TH: Ham & Cheese, F Turkey & Cheese

Salad Meal – Option C

Served with Dinner Rolls: Week 1- Garden Salad with Chicken, Week 2- Chef Salad, Week 3- Chicken Caesar Salad, Week 4-Garden Salad with Cheese, Week 5- Chef Salad

Every Friday we also offer Fruit & Yogurt Parfait!

This institution is an equal opportunity provider. 🌱 VEGETARIAN 🌿 MADE WITH NATURAL INGREDIENTS 🐷 PORK 🌿 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.