

Welcome to our Lunch Cafe @

Port Chester Elementary Schools

This institution is an equal opportunity provider.

FREE BREAKFAST Every Day for all Students!

March 2018

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

1 Ham, Egg and Cheese Sandwich **P**
With Crispy Tator Tots
Garden Salad
Apple Cobbler Side
Fresh Banana
100% Juice Fruit Punch

BRUNCH FOR LUNCH TODAY!

2 Cheese Pizza **V** **O**
Or Fruity Granola Parfait **V**

O
Cauliflower Popcorn
Caesar Salad
Sliced Peaches
Sliced Oranges

5 Cheeseburger Or Veggie Burger **O**
Oven Baked Fries
Carrot Dippers
Diced Pear Cup
Fresh Apple

6 Meatball Dunkers **O** **O**
And Pasta with Butter
Steamed Broccoli
Fresh Cucumber Salad
Applesauce
Sliced Oranges

Lucky Tray Day!

7 Chicken Nugget & Mozzarella Stick Combo **O**
With Tomato Sauce Dip
And Whole Wheat Dinner Roll
Mixed Vegetables
Bean Salad
Pineapple Cup
Watermelon Cup

8 Nachos Grande **O**
With Yellow Rice
Fiesta Corn
Tomato Salad
Mixed Fruit
Fresh Banana
Assorted Toppings
Diced Tomato, Shredded Lettuce
Cheddar Cheese

9 Pizza Bagel **V** **O**
Or Fruity Granola Parfait **V**

O
Sauteed Spinach
Celery and Carrot Sticks with Low Fat Dressing
Diced Pear Cup
Fresh Apple

This week is Nation School Breakfast Week! Join us every morning to get your FREE breakfast! We will be sampling new fruits all week!

12 Baked Chicken Tenders
With Spanish Style Rice
Buttered Corn
Fresh Broccoli
Pineapple Cup
Sliced Oranges

Assorted Sauces
BBQ, Ranch, Ketchup

13 Pasta & Meat Sauce **O** **O**
With Garlic Bread
Steamed Italian Vegetables
Caesar Salad
Sliced Peaches
Honeydew and Cantaloupe Cup

14 French Toast **V**
With Syrup
And Turkey Sausage Patty
Crispy Tator Tots
Red Pepper Strips
Apple Cobbler Side
Fresh Grapes
100% Juice Fruit Punch

BRUNCH FOR LUNCH TODAY!

15 Turkey Hot Dog on Bun
Baked Beans
Oven Baked Fries
Applesauce
Fresh Banana

Try Something New! **Sauerkraut**

16 Cheese Pizza **V** **O**
Or Fruity Granola Parfait **V**

O
Steamed Broccoli
Grape Tomatoes
Mixed Fruit
Sliced Oranges

19 Homemade Mac & Cheese **V**

O
French Bread
Steamed Peas
Garden Salad
Diced Pear Cup
Fresh Apple
Oatmeal Cookie

National Oatmeal Cookie Day

Superintendent's Conference Day
Elementary & High Schools Closed
Middle School Makeup Day

21 Crispy Tacos **O**
With Yellow Rice
Fiesta Corn
Black Beans
Cinnamon Applesauce
Fresh Melon Cup

National Crispy Taco Day
Assorted Toppings
Diced Tomato, Shredded Lettuce
Cheddar Cheese

22 Grilled Cheese **V**
With Sweet Potato Fries
Fresh Cucumber Salad
Diced Pear Cup
Fresh Banana

23 Pizza Bagel **V** **O**
Or Fruity Granola Parfait **V**

O
Lemon Marinated Carrots
Spinach Salad
Sliced Peaches
Fresh Apple

26 Crispy Popcorn Chicken
With Whole Wheat Dinner Roll
Oven Baked Fries
Celery Sticks
Applesauce
Sliced Oranges

Assorted Sauces
BBQ, Ranch, Ketchup

27 Beef and Cheese Quesadilla **O**
With Beans & Rice
Fiesta Corn
Tomato Salad
Sliced Peaches
Fresh Apple

Assorted Toppings
Diced Tomato, Shredded Lettuce
Cheddar Cheese

28 Pancakes & Sausage
With Syrup
Hash Brown Potatoes
Carrot Dippers
Diced Pear Cup
Blueberries
Apple 100% Juice

BRUNCH FOR LUNCH TODAY!

29 Cheese Pizza **V** **O**
Mixed Vegetables
Bean Salad
Mixed Fruit
Fresh Banana
Sugar Cookie

IT'S STUDENT APPRECIATION DAY

Spring Recess
All Schools Closed

SIMPLY ROOTED™
in food and family

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family

and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices:

Reimbursable Lunch \$1.00

Reduced & Free \$0.00

Adult Lunch \$3.90 TAX INCLUDED

All Lunches Include Choice of:

- Fresh Veggies with Low-fat Dip, Hot Vegetable of the Day, Tossed Salad, Fresh or Cupped Fruit, 100% Fruit Juice and / or Fat-Free of 1% White Milk, FF Chocolate Milk

Pay Online @ Myschoolbucks.com

Daily Alternate Lunch Options:

Bagel Melt

Peanut Butter & Jelly Sandwich

Bagel served with Yogurt and a String Cheese

Cold Sandwich Meal - Option B

Always on WW Bread: **M:** Ham, **T:** Turkey, **W:** Chicken Salad, **TH:** American Combo, **F:** Chicken Club

Salad Meal - Option C

Always served with Dinner Rolls: Week 1: Garden Salad w/ Chicken,

Week 2: Chef Salad, Week 3: Chicken Caesar Salad,

Week 4: Garden Salad w/ Cheese, Week 5: Chef Salad

Every Friday we also offer Fruit & Yogurt Parfait

V VEGETARIAN **O** MADE WITH ALL NATURAL INGREDIENTS **P** PORK **V** VEGAN **O** MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.