

Welcome to our Breakfast Cafe at...

Port Chester High School

May
2019

Monday

Tuesday

Wednesday

Thursday


Friday



**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**




6 Strudel Apple 
Or
Whole Grain French Toast
Slices  With Syrup
Sliced Peaches
Fresh Orange



7 Homemade Pancakes 
With Syrup
And Turkey Sausage Patty
Or Breakfast Waffle Tower
Diced Pear Cup
Fresh Red Delicious Apple

8 Scrambled Eggs 
With Whole Wheat Dinner
Roll
And Crispy Potato Puffs
Or
Homemade Waffles 
With Syrup
Cinnamon Applesauce
Fresh Orange

9 Breakfast Waffle Tower
Or Homemade Pancakes 


With Syrup
And Turkey Sausage Patty
Mixed Fruit
Fresh Red Delicious Apple

10 Whole Grain French Toast
Slices  With Syrup
Or
Scrambled Eggs 
With Whole Wheat Dinner
Roll
And Crispy Potato Puffs
Diced Pear Cup
Fresh Banana



13 Whole Grain French Toast
Slices  With Syrup
Strudel Apple 
Diced Pear Cup
Fresh Red Delicious Apple






National Apple Pie Day!



14 Breakfast Waffle Tower
Or Homemade Pancakes 


And Turkey Sausage
Patty With Syrup
Sliced Peaches
Fresh Orange


15 Homemade Waffles 
With Syrup
Or Whole Wheat Dinner
Roll
With
Scrambled Eggs 
And Crispy Potato Puffs
Diced Pear Cup
Fresh Red Delicious Apple



16 Homemade Pancakes 
With Syrup
And Turkey Sausage Patty
Or Breakfast Waffle Tower
Applesauce
Fresh Orange

17 Scrambled Eggs 
And Crispy Potato Puffs
Or
Whole Grain French Toast
Slices  With Syrup
Diced Peaches
Fresh Banana

20 Strudel Apple 
Or
Whole Grain French Toast
Slices  With Syrup
Sliced Peaches
Fresh Orange



21 Homemade Pancakes 
With Syrup
And Turkey Sausage Patty
Or Breakfast Waffle Tower
Diced Pear Cup
Fresh Red Delicious Apple

22 Scrambled Eggs 
With Whole Wheat Dinner
Roll
And Crispy Potato Puffs
Or
Homemade Waffles 
With Syrup
Cinnamon Applesauce
Fresh Orange

23 Breakfast Waffle Tower
Or Homemade Pancakes 

With Syrup
And Turkey Sausage Patty
Mixed Fruit
Fresh Red Delicious Apple



**Memorial Day
Holiday**
**ALL SCHOOLS
CLOSED**








**MEMORIAL
DAY**

28 Breakfast Waffle Tower
Or
Homemade Pancakes 
With Syrup
And Turkey Sausage Patty
Mixed Fruit
Fresh Orange

29 Homemade Waffles 
With Syrup
Or Whole Wheat Dinner Roll
With
Scrambled Eggs 
And Crispy Potato Puffs
Diced Pear Cup
Fresh Red Delicious Apple

30 Homemade Pancakes 
With Syrup
And Turkey Sausage Patty
Or Breakfast Waffle Tower
Applesauce
Fresh Orange

31 Scrambled Eggs 
And Crispy Potato Puffs
Or
Whole Grain French Toast
Slices  With Syrup
Diced Peaches
Fresh Banana



At Whitsons, we believe that providing young students with wholesome meals that taste great, along with food and nutrition education, helps position them for academic success and to live a more healthful life.



This institution is an equal opportunity provider

**Free Breakfast Everyday
to All Students @ the
Kiosk or in the Cafe!**

Adult Breakfast Price: \$2.42

Pay Online:
MySchoolBucks.com

If you have questions please call
Magalie Porretto, Food Service
Director at 914-934-7976

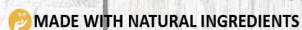
Available Daily

**Fresh Egg & Cheese Sandwiches on a Roll
Ham, Egg & Cheese on a Bagel**

**Assorted Yogurt, Cold Cereal, and Cereal Bars Served with:
Choice of WW Dinner Roll or String Cheese Muffins:
Blueberry, Chocolate Chip, Banana & Apple
Meatless Monday: Honey Bun**

**All Breakfasts are Served with Choice of:
Grain, Whole Fruit, Cupped Fruit, 100% Juice,
and Choice of Low-fat or FF White Milk or FF
Chocolate Milk**

Assorted Condiments available daily



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.