

Welcome to our Breakfast Cafe

Port Chester High School

March 2018

This institution is an equal opportunity provider.

FREE BREAKFAST Every Day for All Students!

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN



1 Scrambled Eggs with Cheese
And Whole Wheat Dinner Roll
All With Crispy Tator Tots
Pineapple Cup
Fresh Red Delicious Apple

2 Homemade Waffles
With Syrup
And Turkey Sausage Patty
Applesauce
Fresh Banana

5 WG French Toast Slices
With Turkey Sausage Patty
And Syrup
Mixed Fruit
Fresh Red Delicious Apple

6 Scrambled Eggs With Whole Wheat Dinner Roll
Crispy Tator Tots
Sliced Peaches
Sliced Oranges

7 Homemade Pancakes

With Syrup
And Turkey Sausage Patty
Pear and Pineapple Cup
Fresh Red Delicious Apple

8 Scrambled Eggs with Cheese
And Whole Wheat Dinner Roll
All With Crispy Tator Tots
Cinnamon Applesauce
Sliced Oranges

9 Homemade Waffles
With Syrup
And Turkey Sausage Patty
Diced Pear Cup
Fresh Banana

12 WG French Toast Slices
And Turkey Sausage Patty
With Syrup
Applesauce
Sliced Oranges

13 Scrambled Eggs With Whole Wheat Dinner Roll
And Crispy Tator Tots
Pear and Pineapple Cup
Fresh Red Delicious Apple

14 Homemade Pancakes

With Syrup
And Turkey Sausage Patty
Diced Pear Cup
Sliced Oranges

15 Scrambled Eggs with Cheese
And Whole Wheat Dinner Roll
All With Crispy Tator Tots
Pineapple Cup
Fresh Grapes

16 Homemade Waffles
With Syrup
And Turkey Sausage Patty
Applesauce
Fresh Banana

19 WG French Toast Slices
With Turkey Sausage Patty
And Syrup
Mixed Fruit
Fresh Red Delicious Apple

Superintendent's Conference Day
Elementary & High Schools Closed
Middle School Makeup Day

21 Homemade Pancakes

With Syrup
And Turkey Sausage Patty
Pear and Pineapple Cup
Fresh Red Delicious Apple

22 Scrambled Eggs with Cheese
And Whole Wheat Dinner Roll
All With Crispy Tator Tots
Cinnamon Applesauce
Sliced Oranges

23 Homemade Waffles
With Syrup
And Turkey Sausage Patty
Diced Pear Cup
Fresh Banana

26 WG French Toast Slices
And Turkey Sausage Patty
With Syrup
Applesauce
Sliced Oranges

27 Scrambled Eggs With Whole Wheat Dinner Roll
And Crispy Tator Tots
Sliced Peaches
Fresh Granny Smith Apple

28 Homemade Pancakes

With Syrup
And Turkey Sausage Patty
Pear and Pineapple Cup
Fresh Banana

29 Scrambled Eggs with Cheese
And Whole Wheat Dinner Roll
All With Crispy Tator Tots
Pineapple Cup
Fresh Red Delicious Apple

Spring Recess
All Schools Closed

SIMPLY ROOTED™ *in food and family*

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family



and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices:

Reimbursable Lunch \$1.30
Reduced & Free \$0.00
Adult Lunch \$3.90 TAX INCLUDED

**PAY ONLINE @
Myschoolbucks.com**

If you have questions please call
Magalie Porretto, Food Service Director
a (914) 934-7976

Available Daily

Fresh Egg & Cheese Sandwiches on a Roll, Ham, Egg & Cheese
Bagel Assorted WG bagels w/ Butter, Jelly or Low-fat Cream Cheese
Assorted Muffins: Blueberry, Chocolate Chip, Banana & Apple
Assorted Yogurt & Cold Cereal Served With Belly Bears
Fruit & Yogurt Parfait w/ Organic Granola
All served with choice of: Fresh Fruit, Cupped Fruit, 100% Fruit Juice, Fat-Free or 1% White milk or FF Chocolate Milk

GRAB & GO BREAKFAST KIOSK IN THE MAIN ENTRANCE
OPEN 7:30-9:30 AM DAILY FREE FOR ALL STUDENTS!!!

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.