

# Welcome to our Breakfast Cafe at...

**Port Chester Middle School**

**May 2019**

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1 Whole Grain French Toast Slices With Syrup  
Turkey Sausage Patty  
Diced Pear Cup  
Fresh Red Delicious Apple

2 Fluffy Whole Grain Pancakes With Syrup  
Mixed Fruit  
Fresh Orange

3 Sausage and Cheese Sandwich  
Crispy Potato Puffs  
Applesauce  
Fresh Banana



6 Strudel Apple   
Diced Pear Cup  
Fresh Orange



7 Fluffy Whole Grain Waffles With Syrup  
Diced Peaches  
Fresh Red Delicious Apple

8 Whole Grain French Toast Slices With Syrup  
Turkey Sausage Patty  
Cinnamon Applesauce  
Fresh Orange

9 Fluffy Whole Grain Pancakes With Syrup  
Mixed Fruit  
Fresh Red Delicious Apple

10 Sausage and Cheese Sandwich  
Crispy Potato Puffs  
Diced Pear Cup  
Fresh Banana

13 Strudel Apple   
Mixed Fruit  
Fresh Red Delicious Apple



**National Apple Pie Day!**

14 Fluffy Whole Grain Waffles With Syrup  
Cinnamon Applesauce  
Fresh Orange

15 Whole Grain French Toast Slices With Syrup  
Turkey Sausage Patty  
Diced Pear Cup  
Fresh Red Delicious Apple

16 Fluffy Whole Grain Pancakes With Syrup  
Diced Pear Cup  
Fresh Orange

17 Sausage and Cheese Sandwich  
Crispy Potato Puffs  
Applesauce  
Fresh Banana

20 Strudel Apple   
Diced Pear Cup  
Fresh Orange



21 Fluffy Whole Grain Waffles With Syrup  
Diced Peaches  
Fresh Red Delicious Apple

22 Whole Grain French Toast Slices With Syrup  
Turkey Sausage Patty  
Mixed Fruit  
Fresh Orange

23 Fluffy Whole Grain Pancakes With Syrup  
Sliced Peaches  
Fresh Red Delicious Apple

**Memorial Day Holiday**  
**ALL SCHOOLS CLOSED**




**MEMORIAL DAY**



28 Fluffy Whole Grain Waffles With Syrup  
Mixed Fruit  
Fresh Orange

29 Whole Grain French Toast Slices With Syrup  
Turkey Sausage Patty  
Diced Pear Cup  
Fresh Red Delicious Apple

30 Fluffy Whole Grain Pancakes With Syrup  
Mixed Fruit  
Fresh Orange

31 Sausage and Cheese Sandwich  
Crispy Potato Puffs  
Cinnamon Applesauce  
Fresh Banana

At Whitsons, we believe that providing young students with wholesome meals that taste great, along with food and nutrition education, helps position them for academic success and to live a more healthful life.



**FREE BREAKFAST DAILY FOR ALL STUDENTS!!!**

**Breakfast Adult \$ 2.42**  
**Pay Online:**  
**MySchoolBucks.com**

If you have questions please call Magalie Porretto, Food Service Director at 914-934-7976

**Available Daily**

Fresh Egg & Cheese Sandwiches on a Roll  
Ham, Egg & Cheese WW on a Bagel  
Cold Cereal and Cereal Bars Served with:  
Choice of String Cheese or WW Dinner Roll Muffins:  
Blueberry, Chocolate Chip, Banana & Apple  
Meatless Monday: Honey Bun

*All Breakfast are Served with Choice of:  
Grain, Whole Fruit, Cupped Fruit, 100% Juice  
and/or Choice of Low-Fat, FF White or FF Chocolate Milk*

*Assorted Condiment Available Daily*

This institution is an equal opportunity provider

**VEGETARIAN**

**MADE WITH NATURAL INGREDIENTS**

**PORK**

**MADE WITH ORGANIC INGREDIENTS**

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.