

Welcome to our Breakfast Cafe

Port Chester Middle School

March 2018

This institution is an equal opportunity provider.

FREE BREAKFAST Every Day For ALL Students

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN



1 Waffles with Sausage And Syrup
Or Fruity Parfait 🍌🍌🍌
Pineapple Cup
Fresh Banana

2 Sausage, Egg and Cheese Sandwich
Or Fruity Parfait 🍌🍌🍌
Diced Peaches
Fresh Red Delicious Apple

5 WG French Toast Slices 🍌
With Syrup
And Turkey Sausage Patty
Fruity Parfait 🍌🍌🍌
Mixed Fruit
Watermelon Cup

6 Sausage, Egg & Cheese Burrito* 🍌
Or Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Sliced Oranges

7 Bagel Melt 🍌
With Crispy Tator Tots
Or Fruity Parfait 🍌🍌🍌
Pear and Pineapple Cup
Fresh Red Delicious Apple

8 Pancakes & Sausage With Syrup
Or Fruity Parfait 🍌🍌🍌
Applesauce
Fresh Pear

9 Sausage, Egg and Cheese Sandwich
Or Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Fresh Banana

12 WG French Toast Slices 🍌
With Syrup
And Turkey Sausage Patty
Fruity Parfait 🍌🍌🍌
Mixed Fruit

13 Egg & Bacon Wrap With Low Fat American Cheese
Or Fruity Parfait 🍌🍌🍌
Pear and Pineapple Cup
Fresh Red Delicious Apple

14 Ham & Cheese Bagel Melt 🍌
With Crispy Tator Tots
Or Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Sliced Oranges

15 Waffles with Sausage And Syrup
Or Fruity Parfait 🍌🍌🍌
Pineapple Cup
Fresh Banana

16 Sausage, Egg and Cheese Sandwich
Or Fruity Parfait 🍌🍌🍌
Applesauce
Sliced Oranges

19 WG French Toast Slices 🍌
With Syrup
And Turkey Sausage Patty
Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Fresh Red Delicious Apple

20 Sausage, Egg & Cheese Burrito* 🍌
Or Fruity Parfait 🍌🍌🍌
Mixed Fruit
Sliced Oranges

21 Bagel Melt 🍌
With Crispy Tator Tots
Or Fruity Parfait 🍌🍌🍌
Pineapple Cup
Fresh Grapes

22 Pancakes & Sausage With Syrup
Or Fruity Parfait 🍌🍌🍌
Diced Peaches
Sliced Oranges

23 Sausage, Egg and Cheese Sandwich
Or Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Fresh Banana

Middle School Make-up

26 WG French Toast Slices 🍌
With Syrup
And Turkey Sausage Patty
Fruity Parfait 🍌🍌🍌
Mixed Fruit
Sliced Oranges

27 ^{Day} Egg & Bacon Wrap With Low Fat American Cheese
Or Fruity Parfait 🍌🍌🍌
Pear and Pineapple Cup
Fresh Melon Cup

28 Ham & Cheese Bagel Melt 🍌
With Crispy Tator Tots
Or Fruity Parfait 🍌🍌🍌
Diced Pear Cup
Sliced Oranges

29 Waffles with Sausage And Syrup
Or Fruity Parfait 🍌🍌🍌
Pineapple Cup
Fresh Banana

Spring Recess

ALL SCHOOLS CLOSED

SIMPLY ROOTED™ in food and family

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family



and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices:

- Reimbursable Lunch \$1.25
- Reduced & Free \$0.00
- Adult Lunch \$3.90 TAX INCLUDED

PAY ONLINE @ Myschoolbucks.com

If you have questions please call Magalie Porretto, Food Service Director a (914) 934-7976

Available Daily

- Fruit & Yogurt Parfait
- Fresh Egg & Cheese Sandwiches on a Roll
- Assorted WG bagels w/ Butter, Jelly or Low-fat Cream Cheese
- Assorted Muffins: Blueberry, Chocolate Chip, Banana & Apple
- Assorted Yogurt or Cold Cereal Served With Belly Beans

All served with choice of:

- Fresh Fruit, Cupped Fruit, 100% Fruit Juice, Fat-Free or 1% White milk or FF Chocolate Milk

****FREE BREAKFAST DAILY FOR ALL STUDENTS****

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.