

**Starts
SEPT.
19th**



**Thursdays
6-8 pm
September 19, 26
October 3, 10, 17, 24**

PATIENT PARENTING

(COMMON SENSE PARENTING)

Presenter: DR. VAHID NAJAFI, PH.D

**WILL FACILITATE THIS SIX SESSION COURSE THAT WILL
FOCUS ON SKILL DEVELOPMENT FOR PARENTS/GUARDIANS**

Location: Mental Health Association of Rockland (MHA)
140 Rt. 303, Valley Cottage, NY 10989, Suite H

When: Thursdays, Sept. 19, 26, Oct. 3, 10, 17, 24

Time: 6 - 8 PM Sharp

Participants will learn to:

- Stay calm and help your child develop self-control
- Enrich relationships with your children
- Reinforce your child's positive behaviors
- Open lines of communication with your child
- Increase your own self-confidence and that of your children

One evening a week for 6 consecutive weeks (6:00-8:00PM)

Course is Free; Book & Certificates are Awarded

MENTAL HEALTH ASSOCIATION OF ROCKLAND COUNTY

140 Route 303

Valley Cottage, NY 10989

To RSVP Please call:
Madlen Setian, MHA-Network (845) 267-2172, ext. 281
Email: setianm@mharockland.org

PLEASE PRINT LEGIBLY :

PARENTS' NAME: _____

STREET ADDRESS: _____

CITY/STATE/ZIP: _____ TEL# _____

E-MAIL ADDRESS: _____

CHILDRENS' AGES & GRADE(S): _____