



Pearl River Elementary School Menu March 2020

Lunch Includes
 3 of the 5 Components
 Choice of Fruit or Juice,
 Vegetable, Grain, Meat or Meat
 Alternate and Milk
Milk Choice:
 1%, Skim or Chocolate Skim
 (Hormone & Antibiotic Free)

Lunch Alternatives:
 Garden Salad, Bagel Lunch
 w/Yogurt or Cheese Stick
Sandwich Choices:
 Turkey, Ham, Cheese, Bologna,
 Salami or PB&J
**Gluten Free Meals are Available
 Only to Students with
 Documented Food Restrictions**

Lunch \$2.50 Reduced .00
 Allergies or Dietary Needs
 Email:
 alberts-david@aramark.com

2
Chicken Nuggets
 Dinner Roll
 Seasoned Corn
 Apple Slices

3
Hamburger or
 Cheeseburger
 On a WG Bun
 Veggie Baked Beans
 Steamed Seasoned
 Broccoli
 Fresh Orange

4
Homemade
 Mac & Cheese
 Breadstick
 Green Beans
 Fruit Juice

5
Breakfast for
 Lunch
 French Toast
 Sticks
 Chicken Sausage
 Patty
 Tater Tots
 Fresh Cup

6
Pizza Friday
 Fresh Baked
 Cheese or
 Pepperoni Pizza
 Seasoned Carrots
 Fruit Juice

9
Chicken Tenders
 Mashed Potatoes
 Grilled Garbanzos
 Dinner Roll
 Fresh Apple Slices

10
Pretzel Pack
 Fresh Baked Pretzel
 Mozzarella String
 Cheese
 Yogurt Cup
 Seasoned Carrots
 Fresh Orange

11
Spaghetti Blended
 with Oil
 w/ Meatballs
 Dinner Roll
 Roasted Green Beans
 Fruit Cup

12
Breakfast for Lunch
 Mini Maple Madness
 Waffles
 Chicken Sausage
 Patty
 Tater Tots
 Fruit Juice

13
Pizza Friday
 Fresh Baked
 Cheese or
 Pepperoni Pizza
 Steamed Broccoli
 Fruit Cup

16
Chicken Patty
 On a WG Bun
 Seasoned Corn
 Fresh Apple Slices

17
Hamburger or
 Cheeseburger
 On a WG Bun
 Veggie Baked Beans
 Steamed Seasoned
 Broccoli
 Fresh Orange

18
Fiesta Nachos
 Tortilla Chips
 Seasoned Ground
 Turkey
 Tomato Salsa
 Cheddar Cheese
 Seasoned Green
 Beans, Fruit Juice

19
Breakfast for Lunch
 French Toast Sticks
Chicken Sausage
 Patty
 Tater Tots
 Fresh Cup

20
 Superintendents
 Conference Day
 No School

23
Popcorn Chicken
 Dinner Roll
 Mashed Potatoes
 Fresh Apple Slices

24
All Beef Hot Dog
 On a WG Bun
 Veggie Baked Beans
 Fresh Orange

25
Grilled Cheese Melt
 Seasoned Carrots
 Fruit Cup

26
Breakfast for Lunch
 Mini Maple Burst
 Pancakes
 Chicken Sausage
 Patty
 Tater Tots
 Fruit Juice

27
Pizza Friday
 Fresh Baked
 Cheese or
 Pepperoni Pizza
 Steamed Broccoli
 Cucumber Wheels
 Fruit Cup

30
Chicken Nuggets
 Dinner Roll
 Tater Tots
 Fresh Apple

31
Hamburger or
 Cheeseburger
 On a WG Bun
 Veggie Baked Beans
 Baby Carrots
 Fruit Cup

**Complete Lunch
 \$2.50**
**Reduced Lunch
 \$0.00**



**Ala Carte Snacks &
 Beverages**
 Spring Water-\$1.00
 Capri Sun-\$1.00
 Cookies-\$1.00-1.25
 Baked Chips-\$1.00
 Rice Krispy Treat-
 \$1.35
 Fruit Snack-\$1.00