

Gluten Free Menu February 2020

Daily Lunch Offerings

Sandwiches on Gluten Free Bread

- Tuna Salad
- Turkey & American Cheese Sandwich
- American Cheese Sandwich

Grab n Go Packs

- Cinnamon Raisin Toast w/ 2 Mozzarella String Cheese, Baby Carrots, Fruit, Milk

Side Salad

- Dark Leafy Greens

Assorted Fresh Fruit
or 100% Fruit Juice.

All Meals served with Milk: 1%
White, Fat Free White, Fat Free
Flavored. (All hormone and antibiotic
free)

The Foods on This
Menu are Available
Only to Students
with Documented
Food Restrictions

3	4	5	6	7
<u>Gluten Free Chicken Patty</u> On a GF Bun	<u>Gluten Free Turkey & Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
Seasoned Corn Fresh Fruit Milk	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
10	11	12	13	14
<u>Gluten Free Chicken Patty</u> On a GF Bun	<u>Gluten Free Turkey & Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
Seasoned Corn Fresh Fruit Milk	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
17	18	19	20	21
Presidents Day No School	School Closed	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
		Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
24	25	26	27	28
<u>Gluten Free Chicken Patty</u> On a GF Bun	<u>Gluten Free Turkey & Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
Seasoned Corn Fresh Fruit Milk	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk