



Pearl River Elementary School Menu November 2020

Lunch Includes

3 of the 5 Components
Choice of Fruit or Juice,
Vegetable, Grain, Meat or Meat
Alternate and Milk

Milk Choice:

1%, Skim or Chocolate Skim
(Hormone & Antibiotic Free)

Lunch Alternatives:

Bagel Lunch w/Yogurt

Sandwich Choices:

Turkey, Cheese or PB&J

Salad Choices:

Grilled Chicken Salad or
Garden Salad

Gluten Free Meals are Available Only
to Students with Documented Food
Restrictions

All School Meals Are Free to All
Students Until 6/30/21



This institution is an equal opportunity provider.

2
Chicken Nuggets
WG Dinner Roll
Steamed Broccoli
Apple Slices
Choice of Milk

3
Fresh Baked Cheese or Pepperoni Pizza
Baby Carrots
Fruit Cup in Juice
Choice of Milk

4
School Closed
Supt. Conference Day

5
Breakfast for Lunch French Toast Sticks
Chicken Sausage
Apple Sauce
Choice of Milk

6
All Beef Hot Dog
On a WG Bun
Seasoned Green Beans
Apple Sauce
Choice of Milk

9
Breakfast for Lunch Mini Maple Burst Pancakes
Chicken Sausage
Tater Tots
Apple Slices
Choice of Milk

10
Hamburger or Cheeseburger
On a WG Bun
Veggie Baked Beans
Steamed Broccoli
Fruit Cup in Juice
Choice of Milk

11
School Closed
Veterans' Day

12
Popcorn Chicken
WG Dinner Roll
Mashed Potatoes
Apple Sauce
Choice of Milk

13
Fresh Baked Cheese or Pepperoni Pizza
Baby Carrots
Fruit Cup in Juice
Choice of Milk

16
Chicken Parm over Spaghetti
Side Salad
Apple Slices
Choice of Milk

17
Fresh Baked Cheese or Pepperoni Pizza
Baby Carrots
Fruit Cup in Juice
Choice of Milk

18
See Pick Up Menu

19
Turkey Dinner
Mashed Potatoes
Seasoned Carrots
Fruit Cup in Juice
Choice of Milk

20
Chicken Nuggets
WG Dinner Roll
Seasoned Green Beans
Apple Slices
Choice of Milk

23
Chicken Caesar Salad
WG Dinner Roll
Apple Slices
Choice of Milk

24
Turkey Dinner
Mashed Potatoes
Seasoned Carrots
Fruit Cup in Juice
Choice of Milk

25
School Closed
Happy Thanksgiving

26
School Closed
Happy Thanksgiving

27
School Closed
Happy Thanksgiving

29
Chicken Patty Sandwich
On a whole grain bun
Corn
Apple Slices
Choice of Milk

30
Fresh Baked Cheese or Pepperoni Pizza
Baby Carrots
Fruit Cup in Juice
Choice of Milk

31
School Closed
Thanksgiving

32
School Closed
Thanksgiving

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