



PATIENT PARENTING

(COMMON SENSE PARENTING)

Presenter: DR. VAHID NAJAFI, PH.D

WILL FACILITATE THIS SIX SESSION

COURSE THAT WILL FOCUS ON SKILL

DEVELOPMENT FOR PARENTS AND/OR GUARDIANS

Location: George Miller School
50 Blauvelt Road,
Nanuet, NY 10954

Tuesdays

6-8 pm

March 12, 19, 26,

April 2, 9 and 16



**Mental Health Association
of Rockland County**

Connecting people. Educating families. Rebuilding lives.

Participants will learn to:

- Stay calm and help your child develop self-control
- Enrich relationships with your children
- Reinforce your child's positive behaviors
- Open lines of communication with your child
- Increase your own self-confidence and that of your children



One evening a week for 6 consecutive weeks (6:00-8:00PM)

MENTAL HEALTH ASSOCIATION OF ROCKLAND COUNTY

140 Route 303, Valley Cottage, NY 10989

In Conjunction with the

NANUET FAMILY RESOURCE CENTER

In partnership with Rockland 21st Century Collaborative for Children & Youth

To RSVP Please call:
Madlen Setian, MHA-Network (845) 267-2172, ext. 281
Email: setianm@mharockland.org

PLEASE PRINT LEGIBLY :

PARENTS' NAME: _____

STREET ADDRESS: _____

CITY/STATE/ZIP: _____ TEL# _____

E-MAIL ADDRESS: _____

CHILDRENS' SCHOOL & GRADE(S): _____