



Pearl River Middle School Menu March 2020

Lunch Includes

3 of the 5 Components
 Choice of Fruit, Vegetable, Grain, Meat or Meat Alternate and Milk
Milk Choice:
 Skim, 1% or Fat Free Chocolate Hormone & Antibiotic Free
Gluten Free Meals are Available Only to Students with Documented Restrictions

Available Daily:

Chicken Patty, Burgers, Pizza.
Made to Order:
 Deli Sandwiches on a Roll or Wrap, Grab N Go Salads
 Lunch \$2.75 Reduced .00
Allergies or /Dietary needs
 Email: alberts-david@aramark.com



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<p>2 <u>Popcorn Chicken</u> Mashed Potatoes Gravy Breadstick Fresh Apple</p>	<p>3 <u>BBQ Pork Sliders</u> Black Beans & Rice Roasted Broccoli Fresh Orange</p>	<p>4 <u>Nacho Pizza</u> Lime Crema, Cheddar & Mozzarella, Cilantro, Green Onion and Ground Beef Seasoned Carrots Fruit Cup</p>	<p>5 <u>Breakfast for Lunch French Toast Sticks</u> Chicken Sausage Patty Hash Brown Patty Fruit Juice</p>	<p>6 <u>Beef & Cheese Flatbread</u> Salsa and Cheese Green Beans Veggie Baked Beans Fruit Cup</p>
<p>9 <u>National Meatball Day</u> Choose from the following: Meatball Sub or Pasta with Meatballs Seasoned Corn Fresh Juice</p>	<p>10 <u>Backyard Burger</u> Cheese, Curly Fries & BBQ Sauce Veggie Baked Beans Fresh Orange</p>	<p>11 <u>Cheddar Cheese & Chicken Flatbread</u> Green Beans Fruit Cup</p>	<p>12 <u>Fiesta Nachos</u> Tortilla Chips Cheese and Salsa Seasoned Turkey Buttery Carrots Fresh Juice</p>	<p>13 <u>Homemade Mac & Cheese.</u> Breadstick Steamed Broccoli Fruit Juice</p>
<p>16 <u>Loaded Tater Bites with Popcorn Chicken</u> Chicken, Cheese Sauce, Bacon & Tots Breadstick, Tater Tots Fresh Apple</p>	<p>17 <u>St. Patrick's Day Shepherd's Pie</u> Ground Beef, Peas & Carrots, Mashed Potatoes and Cheddar Cheese Irish Soda Bread Broccoli Florets, Fruit</p>	<p>18 <u>Homemade Mac & Cheese</u> Breadstick Seasoned Green Beans Baby Carrots Fruit Juice</p>	<p>19 <u>Breakfast for Lunch French Toast Sticks</u> Chicken Sausage Patty Hash Brown Patty Kick'n Pintos Fruit Cup</p>	<p>20 Superintendents Conference Day No School</p>
<p>23 <u>Fiesta Nachos</u> Tortilla Chips Cheese and Salsa Seasoned Turkey Buttery Carrots Fresh Apple</p>	<p>24 <u>BBQ Pork Sandwich On a Roll</u> Roasted Broccoli Kick'n Pintos Fresh Orange</p>	<p>25 <u>Cheddar Cheese & Beef Flatbread</u> Green Beans Fruit Cup</p>	<p>26 <u>Baseball Opening Day Chili Cheese Dog</u> On a Bun Twister Fries Fruit juice</p>	<p>27 <u>Bacon Cheeseburger</u> Tater Tots Celery Sticks Fruit Cup</p>
<p>30 <u>Chicken & Cheese Quesadilla</u> Salsa and Sour Cream Roasted Broccoli Veggie Baked Beans Fruit Juice</p>	<p>31 <u>Criss Cut Cheese Fry Burger</u> Baby Carrots Fresh Orange</p>	<p>Breakfast is Now Served Every Day 7:00am - 7:30am Free/Red-\$0.00 Paid-\$2.00 Deli Sandwiches Made to Order During Lunch</p>		<p>Complete Lunch \$2.75 Reduced Lunch \$0.00</p>