

Gluten Free Menu November 2020

Daily Lunch Offerings

Sandwiches on Gluten Free Bread

- Tuna Salad
- Turkey & American Cheese Sandwich
- American Cheese Sandwich

Grab n Go Packs

- Cinnamon Raisin Toast w/ 2 Mozzarella String Cheese, Baby Carrots, Fruit, Milk

Side Salad

- Dark Leafy Greens

Assorted Fresh Fruit
or 100% Fruit Juice.

All Meals served with Milk: 1% White, Fat Free White, Fat Free Flavored.

(All hormone and antibiotic free)

All School Meals Are Free to All Students Until 6/30/21

2
Gluten Free
Chicken Tenders
Gluten Free Bread

Celery Sticks
Fresh Fruit
Milk

9
Gluten Free
Chicken Patty
On a GF Bun

Seasoned Corn
Fresh Fruit
Milk

16
Gluten Free
Chicken Patty
On a GF Bun

Seasoned Corn
Fresh Fruit
Milk

23
Gluten Free
Grilled Chicken
On a GF Bun

Seasoned Corn
Fresh Fruit
Milk

30
Gluten Free
Chicken Patty
On a GF Bun

Seasoned Corn
Fresh Fruit
Milk

3
Gluten Free
Ham & Cheese
Wrap

Steamed Broccoli
Fresh Fruit
Milk

10
Gluten Free
Turkey & Cheese
Wrap

Seasoned Spinach
Fresh Fruit
Milk

17
Gluten Free
Turkey & Cheese
Wrap

Seasoned Spinach
Fresh Fruit
Milk

24
Gluten Free
Turkey & Cheese
Wrap

Side Salad
Fresh Fruit
Milk

4
School Closed
Supt. Conference
Day

11
School Closed
Veterans' Day

18
Gluten Free
Grilled Cheese
Sandwich

Green Beans
Fresh Fruit
Milk

25
School Closed
Thanksgiving
Break

5
Gluten Free
Chicken Tenders
Gluten Free Bread

Celery Sticks
Fresh Fruit
Milk

12
Gluten Free
Cheese Burger
On a GF Bun

Celery Sticks
Fresh Fruit
Milk

19
Gluten Free
Beef Burrito
In a GF Wrap

Celery Sticks
Fresh Fruit
Milk

26
School Closed
Thanksgiving
Break

The Foods on This
Menu are Available
Only to Students
with Documented
Food Restrictions

6
Gluten Free Pizza
Margherita

Baby Carrots
Fresh Fruit
Milk

3
Gluten Free Pizza
Margherita

Baby Carrots
Fresh Fruit
Milk

20
Gluten Free Pizza
Margherita

Baby Carrots
Fresh Fruit
Milk

27
School Closed
Thanksgiving
Break