

# Gluten Free Menu December 2020

## Daily Lunch Offerings

### Sandwiches on Gluten Free Bread

- Tuna Salad
- Turkey & American Cheese Sandwich
- American Cheese Sandwich

### Grab n Go Packs

- Cinnamon Raisin Toast w/ 2 Mozzarella String Cheese, Baby Carrots, Fruit, Milk

### Side Salad

- Dark Leafy Greens

Assorted Fresh Fruit  
or 100% Fruit Juice.

All Meals served with Milk: 1%  
White, Fat Free White,  
Fat Free Flavored.

(All hormone and antibiotic free)

All School Meals Are Free to All  
Students Until 6/30/21

The Foods on This  
Menu are Available  
Only to Students  
with Documented  
Food Restrictions

	1 <u>Gluten Free Ham &amp; Cheese Wrap</u> Steamed Broccoli Fresh Fruit Milk	2 <u>Gluten Free Cheese Burger</u> Green Beans Apple Slices Milk	3 <u>Gluten Free Chicken Tenders</u> Gluten Free Bread Celery Sticks Fresh Fruit Milk	4 <u>Gluten Free Pizza Margherita</u> Baby Carrots Fresh Fruit Milk
7 <u>Gluten Free Chicken Patty</u> On a GF Bun Seasoned Corn Fresh Fruit Milk	8 <u>Gluten Free Turkey &amp; Cheese Wrap</u> Seasoned Spinach Fresh Fruit Milk	9 <u>Gluten Free Chicken Tenders</u> Green Beans Fresh Fruit Milk	10 <u>Gluten Free Cheese Burger</u> On a GF Bun Celery Sticks Fresh Fruit Milk	11 <u>Gluten Free Pizza Margherita</u> Baby Carrots Fresh Fruit Milk
14 <u>Gluten Free Chicken Patty</u> On a GF Bun Seasoned Corn Fresh Fruit Milk	15 <u>Gluten Free Turkey &amp; Cheese Wrap</u> Seasoned Spinach Fresh Fruit Milk	16 <u>Gluten Free Grilled Cheese Sandwich</u> Green Beans Fresh Fruit Milk	17 <u>Gluten Free Chicken Tender</u> Gluten Free Bread Celery Sticks Fresh Fruit Milk	18 <u>Gluten Free Pizza Margherita</u> Baby Carrots Fresh Fruit Milk
21 <u>Gluten Free Grilled Chicken</u> On a GF Bun Seasoned Corn Fresh Fruit Milk	22 <u>Gluten Free Turkey &amp; Cheese Wrap</u> Side Salad Fresh Fruit Milk	23 <u>Gluten Free Beef Burrito</u> In a GF Wrap Celery Sticks Fresh Fruit Milk	24 School Closed Winter Recess	25 School Closed Winter Recess
28 School Closed Winter Recess	29 School Closed Winter Recess	30 School Closed Winter Recess	31 School Closed Winter Recess	