



Pearl River Elementary School Menu March 2019



Daily Gluten Free Options
Chicken Patty or Garden Salad with Yogurt
Must Be Ordered One Day in Advance

March 8
National Meatball Day

1
Fresh Baked Cheese or Pepperoni Pizza
Baby Carrots with Ranch Dressing

4
Chicken Nuggets
Tater Tots
Yogurt Parfait or Peaches

5
Waffles w/ Hash Brown Patty
Carrot Coins

6
Burger Snack Wrap
Baked Fries
Broccoli

Spaghetti & Meatballs
Dinner Roll
Green Beans

8
Fresh Baked Cheese or Pepperoni Pizza
Diced Carrots

Lunch Includes:
Fresh Fruit, Canned Fruit or 100% Fruit Juice & Vegetable
Milk Choice:
1%, Skim or Chocolate Skim
Hormone & Antibiotic Free.

11
Mac & Cheese
Dinner Roll
Green Beans,

GF Mac & Cheese

12
Pancakes and Egg Patty
Diced Carrots
Applesauce
GF Egg on a Bun

13
Mini-Corn Dogs
BBQ Baked Beans
Peaches
GF Garden Salad with Egg

14
Chicken Patty on a Bun
Broccoli
Pears
GF Chicken Patty

15
Fresh Baked Cheese or Pepperoni Pizza
Green Beans
Apple Slices
GF Pizza

Lunch Alternatives:
Garden Salad, Bagel Lunch w/Yogurt or Cheese Stick
Sandwich choices: Turkey, Bologna, Ham, Cheese or PB&J

18
Grilled Cheese, Tomato Soup
Baby Carrots, Pears

GF Garden Salad with Yoourt

19
Egg & Cheese on a Bagel w/ or wo Bacon
Green Beans
Applesauce
GF Egg on a Bun

20
Hamburger or Cheeseburger
Baked Fries, Peaches

GF Hamburger

21
Fresh Baked Cheese or Pepperoni Pizza
Broccoli

GF Pizza

22
Conference Day

School Closed

25
Maxx Pizza Sticks
Diced Carrot
Green Beans
GF Pizza

26
French Toast Sticks
Hash Brown Patty
Applesauce
GF Egg on a Bun

27
All-Beef Hot Dog
Baked Beans
Diced Carrots

GF Garden Salad with Eaa

28
Nuggets & Mozzarella Sticks
Green Beans
Applesauce

GF Nuggets

29
Fresh Baked Cheese or Pepperoni Pizza
Broccoli
GF Pizza

Lunch \$2.50 Reduced .25
Allergies or Dietary Needs
Email: spina-eileen@aramark.com



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