



# Pearl River Elementary School Menu December 2020

### Lunch Includes

3 of the 5 Components  
Choice of Fruit or Juice,  
Vegetable, Grain, Meat or Meat  
Alternate and Milk

### Milk Choice:

1%, Skim or Chocolate Skim  
(Hormone & Antibiotic Free)

### Lunch Alternatives:

Bagel Lunch w/Yogurt

### Sandwich Choices:

Turkey, Cheese or PB&J

### Salad Choices:

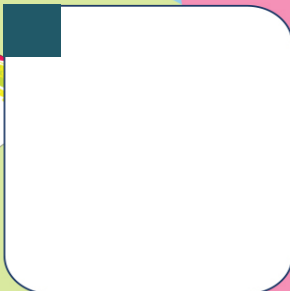
Grilled Chicken Salad or  
Garden Salad

Gluten Free Meals are Available Only  
to Students with Documented Food  
Restrictions

All School Meals Are Free to All  
Students Until 6/30/21



This institution is an equal opportunity provider.



**1**  
Fresh Baked Cheese or Pepperoni Pizza  
  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

**2**  
See Pick Up Menu

**3**  
Breakfast for Lunch French Toast Sticks  
  
Chicken Sausage  
Apple Sauce  
Choice of Milk

**4**  
Cheese Filled Breadsticks  
  
Marinara Sauce  
Apple Slices  
Choice of Milk

**7**  
Breakfast for Lunch Mini Maple Burst Pancakes  
  
Chicken Sausage  
Apple Slices  
Choice of Milk

**8**  
Hamburger or Cheeseburger On a WG Bun  
  
Veggie Baked Beans  
Fruit Cup in Juice  
Choice of Milk

**9**  
See Pick Up Menu

**10**  
Popcorn Chicken  
  
WG Dinner Roll  
Steamed Broccoli  
Apple Sauce  
Choice of Milk

**11**  
Fresh Baked Cheese or Pepperoni Pizza  
  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

**14**  
Cheese Filled Breadsticks  
  
Marinara Sauce  
Apple Slices  
Choice of Milk

**15**  
Fresh Baked Cheese or Pepperoni Pizza  
  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

**16**  
See Pick Up Menu

**17**  
Corn Dog  
  
Veggie Baked Beans  
Apple Slices  
Choice of Milk

**18**  
Chicken Patty Sandwich  
  
Steamed Broccoli  
Apple Slices  
Choice of Milk

**21**  
Breakfast for Lunch French Toast Sticks  
  
Chicken Sausage  
Apple Slices  
Choice of Milk

**22**  
Chicken Nuggets  
  
WG Dinner Roll  
Seasoned Carrots  
Fruit Cup in Juice  
Choice of Milk

**23**  
See Pick Up Menu

**24**  
School Closed  
Winter Recess

**25**  
School Closed  
Winter Recess

**28**  
School Closed  
Winter Recess

**29**  
School Closed  
Winter Recess

**30**  
School Closed  
Winter Recess

**School Closed  
Winter Recess**

