



Pearl River School District

Return to School Protocols

According to CDC, people with COVID-19 have had a wide range of symptoms, resulting in mild to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever 100 degrees or more
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Students who exhibit any one of these symptoms **may not** come to school. If a student develops or exhibits one or more of these symptoms in school, he/she will be placed in a monitored isolation room and a parent or emergency contact will be called to pick up the student. Once a student is sent home, return to school protocols must be followed.

Pearl River Schools will follow NYSDOH and local Health Department guidelines for returning to school.

Children who have had a fever of 100 degrees or more, or any symptom of COVID-19 will be required to have a note from their health care provider, a negative COVID – 19 test (not rapid antigen test***) be fever free without fever reducing medication, and have a resolution of symptoms, or they must isolate for 10 days and be symptom and fever free in order to return to school. Rockland County DOH Information**

School Nurses, in consultation with our Chief School Physician, will work with families whose children have known, documented conditions (i.e. migraines) to determine a Return to School plan in the event they are sent home. Minimally, this plan will require a doctor's evaluation, a note to return to school, and a resolution of symptoms.

*From Rockland County DOH- "Rapid tests provide results in under an hour, though they have a high rate of false negatives. Negative rapid antigen tests, which are the most commonly performed rapid COVID-19 tests, cannot rule out COVID-19 and should be followed up by a laboratory-based test. Please see the attached FDA Coronavirus Testing Basics factsheet <https://www.fda.gov/media/138094/download>"



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Resources for Parents

If your child is not covered by a health insurance plan, New York State has a health insurance plan for children called Child Health Plus. Depending on your family's income, your child may be eligible to join either [Children's Medicaid or Child Health Plus](#). Both Children's Medicaid and Child Health Plus are available through dozens of providers throughout the state.

[Rockland County DOH Quarantine Information](#)

How to Get Tested for COVID-19:

- Contact your health care provider.
- Call the New York State Department of Health (NYSDOH) 2019 Novel Coronavirus 24-hour hotline at [1-888-364-3065](tel:1-888-364-3065).
- Local testing sites include: the Anthony Wayne Recreational Area in Harriman State Park and [Spring Valley \(Espanol\)](#).
- To find a testing site <https://coronavirus.health.ny.gov/find-test-site-near-you>
- **MAKE SURE THE TEST IS A MOLECULAR or PCR TEST, NOT AN ANTIGEN TEST.**

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