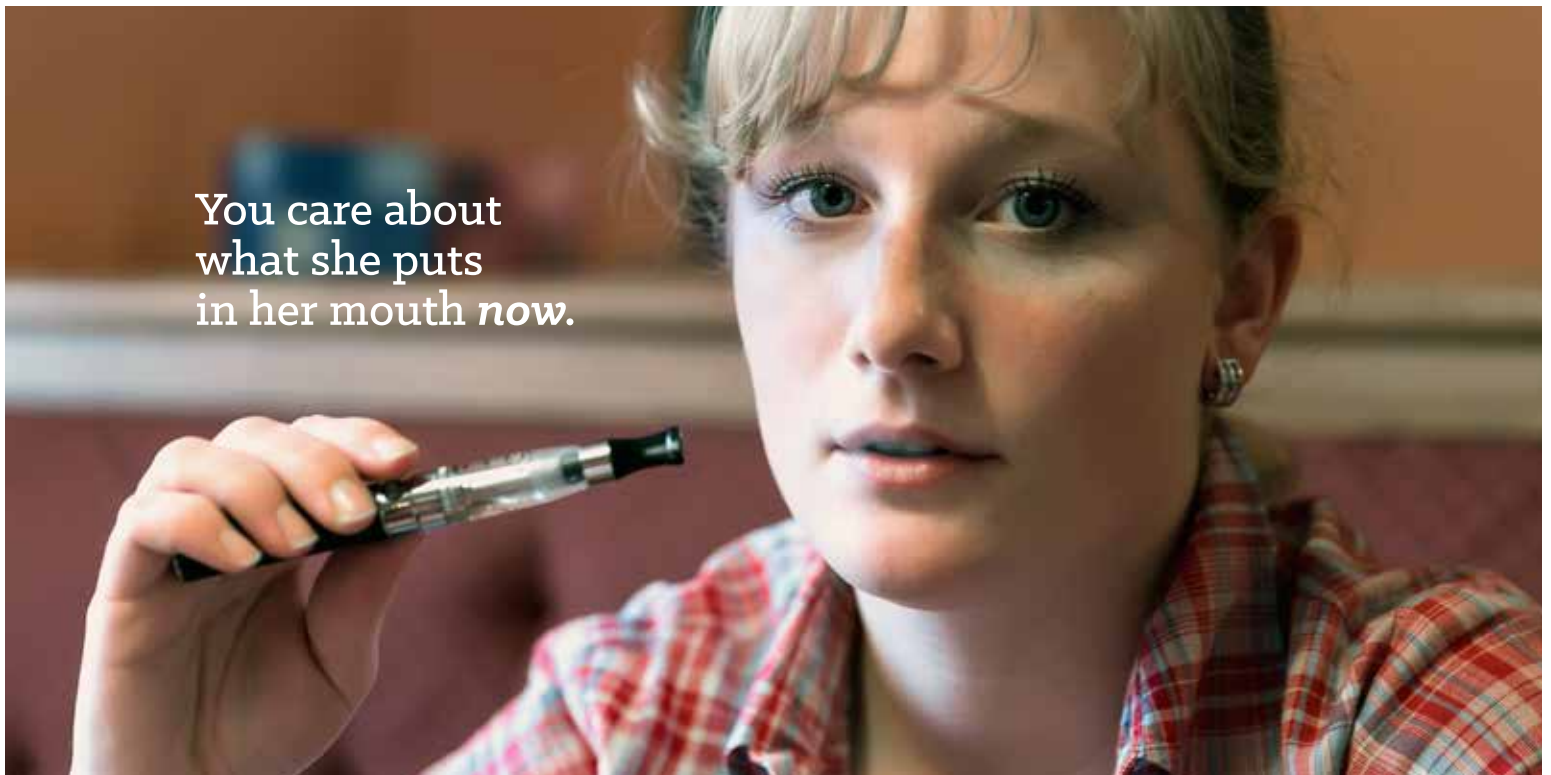


You cared about what she put in her mouth *then*.



You care about what she puts in her mouth *now*.



The good news. Cigarette smoking is down among high-school age teens.

The bad news. Vaping, e-cigs and hookah smoking is on the rise, leading to nicotine addiction.

Talk to your teens about not smoking and not vaping.

For more information, go to www.hrdphc.org