



Pearl River Elementary School Menu January 2019

Lunch Includes:

Fruit or 100% Fruit Juice and Vegetable

Milk Choice:

1% Milk, Skim or Skim Chocolate

Hormone Free, No High Fructose Corn Syrup.

Lunch Alternatives:

Garden Salad, Bagel Lunch w/Yogurt or Cheese Stick

Sandwich choices: Turkey, Bologna, Ham, Cheese or PB&J

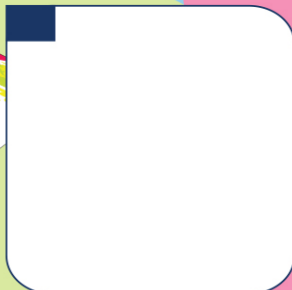
Lunch \$2.50 Reduced .25

Questions Call

Eileen Spina 620-3825



This institution is an equal opportunity provider.



2
Chicken Nuggets
Tator Tots
Orange Smiles
Yogurt Parfait

3
Fiesta Nacho's
Seasoned Beef
Tortilla Chips,
Cheese
Apple Slices

4
Fresh Baked
Cheese or
Pepperoni Pizza
Broccoli
Banana

7
Cheesy Baked
Penne, Dinner
Roll
Green Beans

8
Waffles w/ Hash
Brown Patty
Carrot Coins
Banana

9
Chicken Patty on
a Bun
Broccoli
Apple Wedges

Burritos
Chicken, Cheese
& Rice
Green Beans
Mixed Fruit

11
Fresh Baked
Cheese or
Pepperoni Pizza
Diced Carrots
Orange Smiles

14
Grilled Cheese
Sandwich
Tomato Soup,
Applesauce

15
Mini Corn Dogs
BBQ Beans
Diced Carrots,
Banana

16
Hamburger or
Cheese burger
Baked Fries,
Peaches

17
Pirate Bowl
Popcorn Chicken
Mashed Potatoes
Sweet Corn
Peaches

18
Fresh Baked
Cheese or
Pepperoni Pizza
Green Beans
Apple Slices



22
Chicken Fingers
Bread Stick
Green Beans
Mixed Fruit

23
French Toast
Sticks
Hash Brown
Patty
Applesauce

24
Beef Hot Dogs
BBQ Baked
Beans
Carrot Coins
Orange Smiles

25
Fresh Baked
Cheese or
Pepperoni Pizza
Broccoli
Banana

28
Cheese Ravioli
Broccoli
Peaches

29
Mac N Cheese
Garlic Bread
Green Beans
Grapes

30
**Wacky
Wednesday**
Nuggets &
Mozzarella Sticks
Carrot Coins
Pineapple Tidbits

31
Chicken &
Cheese
Quesadilla
Sweet Corn
Apple Slices

