

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

February 2019

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Hot Turkey Sandwich	2
3	4 Chicken Wings	5 Hot Ham & Cheese	6 Fresh Pizza	7 Sesame Chicken	8 Chili	9
10	11 Chicken Cilantro	12 Bagelwich	13 Spaghetti	14 Chicken Fajita	15 Italian Sub	16
17	18 <i>No School</i> <i>Presidents Day</i>	19 <i>No School</i>	20 <i>No School</i>	21 <i>No School</i>	22 <i>No School</i>	23
24	25 Chicken Sandwich	26 Beef Taco	27 Baked Penne	28 Chicken Pasta Primavera		
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast Sticks or Waffles	<u>Friday</u> Bagels wheat or Cinnamon Raisin	