

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

March 2018

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

When available- Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Chicken Pasta Primavera	2 Fish Sandwich	3
4	5 Chicken Sandwich	6 Beef Taco	7 Fresh Pizza	8 Sesame Chicken	9 Chilli	10
11	12 Chicken Cilantro	13 Hot Ham & Cheese	14 Spaghetti	15 Chicken Fajitas	16 Hot turkey Sub	17
18	19 Buffalo Chicken Strips	20 Hamburger	21 Stromboli	22 Macaroni & Cheese	23 No School <i>Superintendent Conference Day</i>	24
25	26 Chicken Quesadillas	27 Pork Roast	28 Beef & Macaroni	29 Chicken Pot Pie	30 Italian Sub	31
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast	<u>Friday</u> Bagels wheat or Cinnamon Raisin	