

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

June 2018

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

When available- Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Italian Sub	2
3	4 Chicken Cilantro	5 Beef Taco	6 Fresh Pizza	7 Sesame Chicken <i>School Exams</i>	8 Macaroni & Cheese <i>School Exams</i>	9
10	11 Chicken Sandwich <i>School Exams</i>	12 Hot Dog <i>Regents</i>	13 Stromboli <i>Regents</i>	14 Chicken Pasta Primavera <i>Regents</i>	15 Chicken Quesadilla <i>Regents</i>	16
17	18 Elementary Cook-Out <i>Last Full Day Regents</i>	19 Alternate Sandwiches <i>Regents</i>	20 Alternate Sandwiches	21 Alternate Sandwiches <i>Last Day of School</i>	22 <i>Superintendent conference Day</i> <i>Graduation</i>	23
24	25	26	27	28	29	30
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast	<u>Friday</u> Bagels wheat or Cinnamon Raisin	