

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

May 2018

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

When available- Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bagelwich	2 Fresh Pizza	3 Sesame Chicken	4 Chili	5
6	7 Chicken Cilantro	8 Spring Cook-Out	9 Baked Penne	10 Chicken Fajitas	11 Fish Sandwich	12
13	14 Chicken Sandwich	15 Beef Taco	16 Stromboli	17 Chicken Pasta Primavera	18 Hot turkey Sub	19
20	21 Teriyaki Chicken Wraps	22 BBQ Pork Sandwich	23 Spaghetti	24 Turkey Dinner	25 Italian Sub	26
27	28 No School	29 Shepherd's Pie	30 Santa fa Pizza	31 Chicken Pot Pie		
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast	<u>Friday</u> Bagels wheat or Cinnamon Raisin	