

THE BRAVE PROJECT™

BeBigBeBrave.com

Because Your Daughter's Life Should Never Be Defined With A Hashtag

WHO... For Girls in 5th & 6th Grade

WHAT... The Brave Project is a self-awareness empowerment program that will teach your daughter about:

- ✓ Real Life Issues Girls Face
- ✓ Non-Physical and Physical Strategies to Help Keep Herself Safe
- ✓ Boundaries & Healthy Relationships vs. Unhealthy Relationships
- ✓ Staying Safe while Online and on Her Phone
- ✓ How to Prevent & Avoid Drama
- ✓ How to Support and Look Out for Herself and Her Peers
- ✓ How to Find and Use Her Voice as well as Build Her Confidence



WHERE... Pawling Rec, 2 Lakeside Drive, Pawling, NY 12564

WHEN... Sunday, November 10th, 2019, 9:00AM – 3:00PM

HOW... Register at www.BeBigBeBrave.com

COST... \$125 (Includes class + journal + breakfast + lunch + snack!)



**Never discredit
your gut instinct.**

simpleminders.com
You are not paranoid.
Your body can pick up
on bad vibrations.
If something deep inside
of you says something is
not right about a person
or situation, trust it.

BEBIGBEBRAVE
Empowering Young Women's Potential

