

HIGH SCHOOL WINTER MENU 2018

PAWLING HIGH SCHOOL

MEAL PRICING:

Lunch Full Price	\$2.80
Reduced Lunch Price	\$.25
Milk Only	\$.75

LUNCH Menu

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREE	HOT OFF THE GRILL HAMBURGER OR MAKE IT A CHEESE BURGER TOP WITH BACON GRILLED ONIONS & MUSHROOMS WHEAT BUN	TACO DAY CHOICE OF BEEF OR CHICKEN TACO MEAT NACHO CHIPS OR (2) 6' SOFT TACO SHELLS Topped with Cheese WHOLE GRAIN RICE	CHICKEN PARMESAN SIDE OF SPAGHETTI MS. R'S HOMAEMADE MARINARA ITALIAN BREAD PARMESAN CHEESE	CHEF AND STUDENT CHOICE TELL YOUR SERVER WHAT YOU'RE MISSING ON THE MENU WHATS YOUR FAVORITE DISH??	PIZZA SLICE OR MOZZARELLA STICKS MS.R'S HOMEMADE MARINARA
WRAP GRAB N GO	BUFFALO CHICKEN WRAP W/ MOZZARELLA CHEESE & ROMAINE CHOICE OF DRESSING	TURKEY WRAP W/ SWISS CHEESE SHREDDED LETTUCE AND SIDE 'KALE CHIPS	BUFFALO CHICKEN WRAP W/ MOZZARELLA CHEESE & ROMAINE CHOICE OF DRESSING	TURKEY WRAP W/ SWISS CHEESE SHREDDED LETTUCE AND SIDE 'KALE CHIPS	4OZ OF TUNA SALAD ON A BED OF GREENS W/ VEGGIES
DELI	PANINI DAY HAM & CHEESE OR THREE CHEESE ON ASSORTED HOMESTYLE BREAD	PANINI THREE CHEESE GRILLED CHEESE ON ASSORTED HOMESTYLE BREAD	MEATBALL WEDGE W/ HOMEMADE MARINARA' DRIPPING W/ MELTED MOZZARELLA CHEESE	PANINI DAY BUFFALO CHICKEN W/ PROVOLONE ON HOMESTYLE BREAD	PANINI DAY GRILLED VEGGIES & MOZZARELLA
VEGGIE	BAKED BEANS ROMAINE SALAD HOT SOUP OF DAY OVEN BAKED FRIES	SALSA REFRIED BEANS ROMAINE SALAD HOT SOUP OF DAY CORN	OVEN ROASTED VEGETABLE HOT SOUP TOP YOUR OWN SALAD BAR BROCCOLI	CHEF CHOICE BAKED POTATO HOT SOUP CARROTS VEGGIE EGG ROLL ROMAINE SALAD	BAKED POTATO OF THE DAY HOT SOUP OF THE DAY BLACK BEAN SALAD

Alternate ENTREES AND SIDES OFFERED DAILY

Chicken Pattie on a Bun
HOT SOUP
 ROMAINE SALAD
HUDSON VALLEY FARM FRESH MILK 1% WHITE MILK SKIM MILK (WHITE & CHOCOLATE) WHEAT BREAD

Myschoolbucks.com

1-800-479-3531
 PARENTS CAN SEND IN BREAKFAST OR LUNCH MONEY CASH OR CHECK
 QUESTIONS CALL 845-855-4627

NUTRITION BITES: Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch¹.