

Powhatan County Public Schools Adult Education

Winter 2019 Class Offerings

Non-Profit Organization
U.S. Postage Paid
Permit Number 18

Adult Education

Postal Customer

Please register early to secure your course.



POWHATAN COUNTY PUBLIC SCHOOLS – ADULT EDUCATION
1800 Judes Ferry Road • Powhatan, Virginia 23139 • (804) 598-5710 ext. 307

I am enclosing a check made payable to Powhatan High School in the amount of \$ _____ to cover my tuition for the following course(s):

Course Title (s)

Name _____

Address _____

Phone (Day) _____ **(Evening)** _____

Powhatan County Public Schools offers adult education classes to its citizens. Any member of the community, who is eighteen years of age or older (out of high school), may enroll in a variety of exciting evening classes.

Individuals who are sixty-two years of age or older may take classes free of charge. This is called the “Gold Card” program. Anyone who is interested in obtaining a “Gold Card” should contact Mrs. Michele Wilson at (804) 598-5700.

Seniors with a “Gold Card” may register by calling Ms. Sharon Faubert at (804) 598-5710 ext. 307.

Please remember that refunds will only be granted when a class is filled or cancelled.

Classes will not meet when Powhatan County Public Schools are closed for holidays and inclement weather. Every effort will be made to make up classes, but make-up classes are not guaranteed.

Register by mail by January 18, 2019 with check or money order payable to Powhatan High School. Registration must be postmarked by January 18, 2019.

NON-CREDIT CLASSES

Beginning Crochet – Learn the basic crochet stitches such as chain, single, double, and treble crochet. We recommend bringing crochet hook (H or 5) and a scan of Red Heart Yarn. Enjoy the fun and take home a completed project.

Jan. 30 = 4 weeks 6:30-8:30 PM Wednesday **PHS Room 1003**
Tuition: \$30.00 Moudry

Advanced Bread Making— This class will teach you how to build on your basic bread making skills. Learn how to make Danish and croissant dough in this fun and interactive class.

Feb. 13 = 1 night 6:30-8:30 PM Wednesday **PHS Bailey's**
Tuition: \$20.00 Sloan

Introduction to Google Tools (Cloud-based: email, drive / storage, docs, and calendar) – This introductory class will help participants gain a better understanding of how these tools work through a combination of presentations, demos, and hands-on experiences.

Jan. 28 = 4 weeks 6:30-8:30 PM Monday **PHS L100**
Tuition: \$35.00 Dorsey

Reaching connections with your loved ones – In this class you will learn ways to interact and deepen your connections using multi-service activities for all stages of dementia. Class may focus on open discussion, practice, and specific examples to try at home.

Jan. 30 = 3 weeks 6:30-8:00 PM Wednesday **PHS Room 1004**
Tuition: \$15.00 Tebault

Recreational Volleyball — Participate in light exercise while enjoying this sport. Proper attire is required. (Limit 20 students)

Jan. 30 = 10 weeks 7:00-9:00 PM Wednesday **Powhatan Middle Gym**
Tuition: \$30.00 Tribble

Photography — This class will teach you how to get the most of your digital camera and obtain the images you want. You will learn how to use the settings whether it is your cell phone or a point and shoot camera. Learn the basics of free photo editing software and programs for manipulating images. Students need to bring their camera and / or cellphone. Come out and create great photographs!

Jan. 30 = 4 weeks 6:30 - 8:30 PM Wednesday **PHS Room 1045**
Tuition: \$40.00 Wirt

CPR Training – This course includes approximately four hours of American Heart Association CPR training. You never know when you might need this valuable skill. This CPR course is required before completing the first aid training. CPR certification cards are now valid for two years. (This class will not meet the requirements for nursing school)

Feb. 4 = 1 night 6:00-9:00 PM Monday **PHS Library**
Tuition: CPR Adult/Child/Infant Certificate-\$65.00* Ronayne/ McQuiddy
All CPR Certificates and First Aid-\$95.00*
First Aid Only-\$65.00*

First Aid – Learn information and techniques you may someday need. This course is valuable for child care providers and anyone providing care for others. Must have current CPR training to enroll. Certification cards are now valid for two years.

Feb. 11 = 1 night 6:00-9:00 PM Monday **PHS Library**
Tuition: First Aid Certificate-\$65.00* Ronayne/ McQuiddy
Adult CPR/Child/Infant First Aid-\$95.00*

GED® Preparation – An initial assessment determines students' strengths and weaknesses in the area of language arts, social studies, science, and mathematics.

Testing is provided in each subject area year-round at various locations.

All School Year 9:30 AM -12:30 PM Wednesday & Thursday
Powhatan County Public Library

All School Year 5:30-8:30 PM Tuesday & Thursday
Reynolds College Goochland Campus
Tuition: FREE

Counted Cross Stitch (Beginners) – This hands-on class will teach you the basic skills of counted cross stitch. Material will be provided to make 2 simple projects. We recommend bringing a small pair of sharp scissors.

Jan. 28 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1006**
Tuition: \$30.00 Oxley

Cheese 101— In this interactive class, you will learn how to make ricotta and mozzarella cheese. You will also enjoy a sampling of different cheeses.

Feb. 6 = 1 night 6:30-8:30 PM Wednesday **PHS Bailey's**
Tuition: \$20.00 Sloan

Beginning Guitar – Learn the basics of guitar playing through popular and folk styles. This class will cover chords, basic strumming, melody, and successful tips for practicing. Students should bring a 6-string acoustic guitar. Experienced players welcomed.

Jan. 28 = 5 weeks 6:30-8:00 PM Monday **PHS - Band Room**
Tuition: \$40.00 Deely/Garland

Recreational Volleyball – Participate in light exercise while enjoying this sport. Proper attire is required. (Limit: 20 students)

Jan. 28 = 10 weeks 7:00-9:00 PM Monday **POC Middle GYM**
Tuition: \$30.00 Tribble

Men's Recreational Basketball – This class offers adults 40 and over an opportunity for recreation and exercise. Participants must be enrolled to participate; no weekly walk-ins. (Limit: 20 students)

Jan. 30 = 10 weeks 6:30-8:30 PM Wednesday **POC Middle Gym**
Tuition: \$30.00 Watts

Cake Decorating 101 – Learn the fundamentals of cake preparation and decoration. This course covers how to make butter cream icing, how to make stars, roses, sweet peas, drop flowers, vines, leaves, shell borders, as well as figure piping, writing, printing, and pattern transfers. A supply list will be provided at the first class.

Jan. 28 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1004**
Tuition: \$40.00 Sowell

A Painting A Night – In this class the artist will guide you through the painting process, from mixing colors to brush strokes while encouraging creative expression. All participants will create the same painting but with their own personal touch. Each person will have four paintings at the end of the class. Participants should provide covering to protect their clothes. Painting supplies are included. Come out and enjoy the fun. No experience necessary. (Limit: 20 students)

Jan. 28 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1044**
Tuition: \$40.00 Baltimore

Shag Dancing I – This beginner's class will introduce students to the fun and excitement of shag dancing. All are welcome. Dance partners are not necessary.

Jan. 28 = 4 weeks 6:30-8:30 PM Monday **Poc. Middle**
Tuition: \$25.00 Slaughter / White

Shag Dancing II – This intermediate class will reinforce the steps from Shag Dancing I. Come out and enjoy the fun!

Feb. 25 = 4 weeks 6:30-8:30 PM Monday **Poc. Middle**
Tuition: \$25.00 Slaughter/White

Essential Oils (Beginners) – Learn the basics of essential oils and their many uses. Topics may include: essential oils 101, emotional wellness, natural pain management, immune support, tension relief, essential oils and your pet, and combining essential oils with aroma touch techniques. Each session will include a hands-on Make-N-Take activity.

Jan. 28 = 5 weeks 6:30-8:30 PM Monday **PHS Room 1005**
Tuition: \$40.00 Aberle

Essential Oils 2.0 – Topics may include: general wellness, exercise, sleep, and diffusing, supporting children from youngster to youth, green cleaning, and women's wellness. Each session will include a hands-on, make-n-take activity. Essential oils for beginners would be beneficial, but is not required.

Jan. 28 = 5 weeks 6:30-8:30 PM Monday **PHS Room 1007**
Tuition: \$40.00 Tew

Microsoft Word 2016 and Excel 2016— This course will build a foundational knowledge of Microsoft Word and Excel. Hands-on activities will be provided during each class meeting for practice. Individuals will learn in-depth how-to format documents, use templates, and integrate Word and Excel applications. Participants in this class will develop the skills necessary to work comfortably in Microsoft Word and Excel for professional and personal use. A jump drive is recommended.

Jan. 28 = 5 weeks 6:30-8:30 PM Monday **PHS Room 2030**
Tuition: \$40.00 Parr