



Mahopac Middle School January 2019



1
CLOSED
New Year's Day

2
\$\$ DOLLAR DAY \$\$
Oven Baked Pizza Sticks
W/Tomato Dipping Sauce
Glazed Carrots
Fresh Apple

3
Soft Chicken & Cheese Taco Wrap
Brown Rice
Baked Beans
Strawberry Cup

4
PIZZA BAR
WG-Plain, Pepperoni or Vegetable Pizza
Mixed Green Salad
Fresh Orange

7
Oven Baked-WG Chicken Nuggets
W/ BBQ Dipping Sauce
Fresh Broccoli
Fresh Apple

8
WG French Toast Sticks W/ Turkey Sausage
Tater Tots,
Green Beans
Fresh Pineapple

9
\$\$ DOLLAR DAY \$\$
Beef Hot Dog
WG Bun
Oven Baked Fries
Baked Beans
Banana
\$1 Lunch

10
Fuel Special
Cheesy Bread Chili
W/ Garlic Ciabatta and Spicy Beef Chili
Celery Sticks
Fresh Orange

11
Egg & Cheese-WG Roll

Red Pepper Strips
Fresh Grapes

14
Popcorn Chicken-WG
Mashed Potatoes
Sweet Corn
Fresh Apple

15
Nachos W/ Tostito Scoops
Baby Carrot Sticks,
Baked Beans
Fresh Pineapple

16
\$\$ DOLLAR DAY \$\$
Oven Baked Pizza Sticks
W/Tomato Dipping Sauce
Fresh Broccoli
Fresh Banana
\$1 Lunch

17
Mac & Cheese-WG
Dinner Roll
Red Pepper Strips
Fresh Grapes
Lucky Tray Day!

18
Buffalo Chicken
Flatbread
Fold Over
Green Beans
Sliced Melon

21
CLOSED
Martin Luther King Day

22
Oven Baked -WG Chicken Nuggets
Dinner Roll
Sweet Potato Tots
Green Beans
Fresh Apple

23
\$\$ DOLLAR DAY \$\$
** Grilled Cheese-WG & Bacon
Sandwich -WG
Pickle
Spinach Salad
Fresh Pear
\$1 Lunch

24
Baked Mozzarella Sticks
Spicy Dipping Sauce
Fresh Broccoli
Fresh Orange

25
Soft Chicken & Cheese Taco Wrap
Baked Beans
Fresh Apple

28
Popcorn Chicken Bowl
Mashed Potatoes
Sliced Cucumber
WG Dinner Roll
Sliced Melon

29
Nachos W/ Tostito Scoops
Baked Beans,
Sweet Corn
Fresh Pineapple

30
\$\$ DOLLAR DAY \$\$
Egg & Cheese-Roll

Tater Tots
Red Pepper Strips
Fresh Orange
\$1 Lunch

31
CLOSED
Superintendents Conference Day

Daily Milk Choice
1%
Skim
Fat Free Chocolate

More info...
Lunch Price is \$2.45
If you have a food allergy please speak to the nurse or food server about it.
** = May Contain Pork Product
WG = Whole Grain

More info...
Available Daily.....SANDWICHES; Turkey, Ham, PBJ, Sunflower butter & jelly. Entree salad lunch, yogurt parfait w/ granola. Entrée veggie platters w/ cheese sticks and dinner roll. Hamburgers on a bun, chicken patty on a bun, assorted WG pizza. Carrot and celery sticks. Assorted bread basket.

