

Mahopac High School

September 2019



2
Labor Day

Closed

3
Superintendents Conference

Closed

4
\$\$ DOLLAR DAY \$\$
Oven Baked WG
Chicken Nuggets
Tater Tots
Dinner Roll
Fresh Broccoli
Fresh Apple

5
Beef Hot Dog
WG Bun
Oven Baked Fries
Baked Beans
Celery Sticks
Fresh Orange

6
Chicken Fajita Wrap
Brown Rice
Sweet Corn
Sliced Pineapple

9
Oven Baked
Mozzarella Sticks
Tomato Dipping
Sauce
Baked Beans
Fresh Apple

10
Chicken Parm -Hero
Red Pepper Strips
Fresh Orange

11
\$\$ DOLLAR DAY \$\$
Hamburger/
Cheeseburger
Oven Baked Fries
Green Beans
Fresh Banana

\$1 Lunch

12
WG French Toast
Sticks W/ Turkey
Sausage
Tater Tots,
Carrot Sticks
Berry Cup

13
Toasted Three Cheese
Sandwich -WG
Oven Baked Fries
Fresh Broccoli
Sliced Watermelon

16
WG Popcorn Chicken
Mashed Potatoes
Sweet Corn
Fresh Pear

17
** Bacon, Egg &
Cheese-Roll
Tater Tots
Sliced Cucumbers
Fresh Orange

18
\$\$ DOLLAR DAY \$\$
Chicken Nachos W/
WG Tostito Scoops
Brown Rice,
Baked Beans
Fresh Grapes
\$1 Lunch

19
Oven Baked Pizza
Sticks
W/Tomato Dipping
Sauce
Spaghetti Side
Carrot Coins
Apple

20
Stromboli
Chicken or Vegetable
Tomato Dipping
Sauce
Green Beans
Sweet Potato Tots
Berry Cup

23
Oven Baked WG
Chicken Nuggets
Tater Tots
Dinner Roll
Green Beans
Fresh Apple

24
Soft Chicken
Taco Wrap
Brown Rice
Salsa
Sweet Corn
Sliced Melon

25
\$\$ DOLLAR DAY \$\$

Mac & Cheese
WG French bread
Carrot Coins
Fresh Banana

26
BBQ Pulled Turkey
WG Roll
Baked Beans
Red Pepper Strips
Strawberry Cup

27
PIZZA BAR
Plain, Vegetable &
Buffalo Chicken
Broccoli
Fresh Grapes

30
Rosh Hashanah

CLOSED

**PART-TIME
HELP
WANTED**

Help Wanted
Now accepting
applications for
the food service
department PT/FT
Call 628-3256
x11891



Did you know?
We only use **Tyson**
chicken nuggets &
tenders in our lunch
program.

More info...

Lunch Price is \$2.45

If you have a food allergy please speak to the nurse or food server about it

**** = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.



More info...

Available Daily.....Made to order Deli Bar, Salad Bar, assorted WG pizza, yogurt parfait w/ granola, veggie platters with cheese sticks & WG dinner roll. Hamburger on a WG bun or Chicken patty on a WG bun. Carrot & celery sticks offered daily. Assorted bread basket and fresh fruit.