



# Mahopac Middle School

## February 2020

**3**  
Oven Baked WG  
Chicken Nuggets  
Tater Tots  
Dinner Roll  
Green Beans  
Fresh Orange

**4** **FUEL SPECIAL**  
*Sweet Heat*  
Chicken Sandwich  
W/ Pepper Jack  
Cheese & Sweet &  
Spicy Sauce  
Oven Baked Fries  
Broccoli  
Berry Cup

**5** **\$\$ DOLLAR DAY \$\$**  
Turkey Taco &  
Cheese Wrap  
Baked Beans  
Seasoned Brown  
Rice  
Fresh Grapes

**6**  
Oven Baked Pizza  
Sticks  
W/ Tomato  
Dipping Sauce  
Carrot Coins  
Fresh Apple

**7**  
Chicken & Cheese  
Quesadilla  
Brown Rice  
Sweet Corn  
Sliced Pineapple

**10**  
Chicken Parm  
Spaghetti Side  
French Bread  
Berry Cup

**11** **DELI DAY**  
Assorted Fresh  
Made Sandwiches  
Hard Roll or Wrap  
Turkey & Cheese,  
Ham & Cheese  
Italian Combo  
Baked Chips  
Fresh Apple

**12** **\$\$ DOLLAR DAY \$\$**  
Waffles W/  
Chicken Sausage  
Tater Tots  
Strawberry Cup  
Celery Sticks  
**\$1 Lunch**  
**Breakfast for lunch**

**13**  
Beef Hot Dog  
WG Bun  
Oven Baked Fries  
Baked Beans  
Fresh Orange

**14** **\*\* BBQ Pulled Pork**  
Sandwich  
Sweet Potato  
Fresh Broccoli  
Sliced Melon



**17**  
Winter Recess  
**CLOSED**

**18**  
Winter Recess  
**CLOSED**

**19**  
Winter Recess  
**CLOSED**

**20**  
Winter Recess  
**CLOSED**

**21**  
Winter Recess  
**CLOSED**

**24**  
Oven Baked  
Mozzarella Sticks  
Tomato Dipping  
Sauce  
Tater Tots  
Celery Sticks  
Mixed Berry Cup

**25**  
Popcorn  
Chicken/Mashed  
Potato Bowl  
Sweet Corn  
Fresh Orange

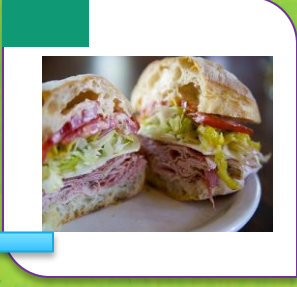
**26** **\$\$ DOLLAR DAY \$\$**  
Chicken Nachos W/  
WG Tostito Scoops  
Brown Rice,  
Baked Beans  
Banana  
**\$1 Lunch**

**27**  
WG French Toast  
Sticks W/ Turkey  
Sausage  
Tater Tots,  
Carrot Sticks  
Fresh Grapes

**28**  
Chicken Fajita Wrap  
Broccoli  
Sliced Pineapple

**EVERY  
WEDNESDAY  
IS  
"DOLLAR DAY"  
All complete  
lunches are only  
\$1**

**February 11<sup>th</sup>**  
Try a  
**FRESH MADE**  
Boar's Head  
Deli Sandwich



**Daily Milk  
Choice  
1%  
Skim  
Fat Free-  
Chocolate**

**More info...**

Lunch Price is \$2.45  
If you have a food allergy please speak to the nurse or food server about it

**\*\* = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.

## Menu subject to change



**More info...**

Available Daily.....SANDWICHES; Turkey, Ham, PBJ. Entree salad lunch, yogurt parfait w/ Fruit. Entrée veggie platters w/. Cheese sticks and dinner roll. Hamburgers on a WG bun, chicken patty on a WG bun, assorted WG pizza. Carrot and celery sticks. Assorted bread basket and Fresh Fruit