



Mahopac Middle School September 2019

2
Labor Day

Closed

3
Superintendents Conference

Closed

4
\$\$ DOLLAR DAY \$\$
Oven Baked WG
Chicken Nuggets
Tater Tots
Dinner Roll
Fresh Broccoli
Fresh Apple

5
Beef Hot Dog
WG Bun
Oven Baked Fries
Baked Beans
Celery Sticks
Fresh Orange

6
BBQ Chicken
Flatbread Fold Over
Sweet Corn
Fresh Grapes

9
Oven Baked
Mozzarella Sticks
Tomato Dipping
Sauce
Baked Beans
Fresh Apple

10
Chicken Parm -Hero
Red Pepper Strips
Fresh Orange

11
\$\$ DOLLAR DAY \$\$
Hamburger/
Cheeseburger
Oven Baked Fries
Green Beans
Fresh Banana

\$1 Lunch

12
WG French Toast
Sticks W/ Turkey
Sausage
Tater Tots,
Carrot Sticks
Berry Cup

13
Toasted Three Cheese
Sandwich -WG
Oven Baked Fries
Fresh Broccoli
Sliced Watermelon

16
WG Popcorn Chicken
Sweet Potato Tots
Sweet Corn
Fresh Pear

FUEL SPECIAL

17
** Bacon, Egg &
Cheese-Roll
Tater Tots
Sliced Cucumber
Fresh Orange

18
\$\$ DOLLAR DAY \$\$
Chicken Nachos W/
WG Tostito Scoops
Brown Rice,
Baked Beans
Fresh Grapes
\$1 Lunch

19
Oven Baked Pizza
Sticks
W/Tomato Dipping
Sauce
Spaghetti Side
Carrot Coins
Apple

20
Stromboli
Chicken or Vegetable
Tomato Dipping
Sauce
Green Beans
Berry Cup

23
Oven Baked WG
Chicken Nuggets
Tater Tots
Dinner Roll
Green Beans
Fresh Apple

24
Soft Chicken
Taco Wrap
Brown Rice
Salsa
Sweet Corn
Fresh Orange

25
\$\$ DOLLAR DAY \$\$
Mac & Cheese
WG French bread
Carrot Coins
Fresh Banana

26
BBQ Pulled Turkey
WG Roll
Baked Beans
Red Pepper Strips
Strawberry Cup

27
PIZZA BAR
Plain, Vegetable &
Buffalo Chicken
Broccoli
Fresh Grapes

30
Rosh Hashanah

CLOSED

**PART-TIME
HELP
WANTED**

Help Wanted
**Now accepting
applications for
the food service
department PT/FT
Call 628-3256
x11891**



Did you know?
We only use **Tyson**
chicken nuggets &
tenders in our lunch
program.

More info...

Lunch Price is \$2.45
If you have a food allergy please speak to the nurse or food server about it
**** = Pork Product, WG = Whole Grain**
This institution is an equal opportunity provider.



More info...

Available Daily.....SANDWICHES; Turkey, Ham, PBJ, Sunflower butter & jelly. Entree salad lunch, yogurt parfait w/ granola. Entrée veggie platters w/ Cheese sticks and dinner roll. Hamburgers on a WG bun, chicken patty on a WG bun, assorted WG pizza. Carrot and celery sticks. Assorted bread basket.