



# Mahopac Middle School

## March 2020

**2**  
Oven Baked WG  
Chicken Nuggets  
Tater Tots  
Corn Bread  
Green Beans  
Fresh Orange

**3**  
General Tso's  
Chicken  
W/ Broccoli  
Brown Rice  
Sliced Pineapple

**4**  
**\$\$ DOLLAR DAY \$\$**  
Chicken & Cheese  
Quesadilla  
Brown Rice  
Sweet Corn  
Fresh Apple

**5**  
Oven Baked Pizza  
Sticks  
W/ Tomato  
Dipping Sauce  
Carrot Coins  
Fresh Banana

**6**  
**CLOSED**  
Superintendents  
Conference Day

**9**  
Chicken Parm  
Spaghetti Side  
French Bread  
Spinach Salad  
Berry Cup

**10**  
Egg & Cheese-Roll  
Red pepper strips  
Sweet Corn  
Fresh Grapes

**11**  
**\$\$ DOLLAR DAY \$\$**  
WG French Toast  
Sticks W/ Turkey  
Sausage  
Tater Tots,  
Carrot Sticks  
Applesauce  
**\$1 Lunch**

**12**  
Beef Hot Dog  
WG Bun  
Oven Baked Fries  
Baked Beans  
Fresh Orange

**13**  
**FUEL SPECIAL**  
**Nacho Pizza**  
Ground Chicken,  
Cilantro, Cheddar  
Cheese  
Sliced Cucumbers  
Sliced Peach Cup

**16**  
Popcorn Chicken  
Mashed Potato Bowl  
Sweet corn  
Bread Stick  
Fresh Orange

**17**  
Turkey Reuben  
Swiss Cheese,  
Coleslaw & Russian  
Dressing  
Oven Baked Fries  
Broccoli  
Applesauce  


**18**  
**Burger BAR**  
Assorted Beef  
Burgers  
*Plain, Cheese, BBQ  
Lettuce & Tomato  
Baked Beans  
Carrot Coins  
Fresh Banana*

**19**  
Waffles W/Chicken  
Sausage  
Maple Syrup  
Tater Tots  
Mixed Berry Cup

**20**  
Stromboli  
Buffalo Chicken or  
Vegetable  
Tomato Dipping  
Sauce  
Buffalo Cauliflower  
Sliced Pineapple

**23**  
Oven Baked  
Mozzarella Sticks  
Tomato Dipping  
Sauce  
Tater Tots  
Celery Sticks  
Mixed Berry Cup

**24**  
Boneless Buffalo  
Glazed Chicken  
Wings  
Celery Sticks  
Fresh Grapes  


**25**  
**\$\$ DOLLAR DAY \$\$**  
Chicken Nachos W/  
WG Tostito Scoops  
Brown Rice,  
Baked Beans  
Fresh Apple  
**\$1 Lunch**

**26**  
WG French Toast  
Sticks W/ Turkey  
Sausage  
Tater Tots,  
Carrot Sticks  
Banana

**27**  
Chicken Fajita Wrap  
Broccoli  
Sweet Potato  
Fresh Strawberry  
cup

**30**  
Oven Baked  
Chicken Tenders  
Garlic Bread  
Carrot Coins  
Applesauce

**31**  
\*\* Bacon Egg &  
Cheese-Roll  
Tater Tots  
Red pepper strips  
Sliced Melon

**EVERY  
WEDNESDAY  
IS  
"DOLLAR DAY"**  
**All complete  
lunches are  
only \$1**

**32**

**Daily Milk  
Choice  
1%  
Skim  
Fat Free-  
Chocolate**

### More info...

Lunch Price is \$2.45

If you have a food allergy please speak to the nurse or food server about it

**\*\* = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.

**## Menu subject to change**



### More info...

Available Daily..... SANDWICHES; Turkey, Ham, PBJ, Sunflower butter & jelly. Entree salad lunch, yogurt parfait w/ granola. Entrée veggie platters w/ Cheese sticks and dinner roll. Hamburgers on a WG bun, chicken patty on a WG bun, assorted WG pizza. Carrot and celery sticks. Assorted bread basket.