



# Mahopac High School

## March 2020

2

Oven Baked WG  
Chicken Nuggets  
Tater Tots  
Corn Bread  
Green Beans  
Fresh Orange

3

General Tso's  
Chicken  
W/ Broccoli  
Brown Rice  
Sliced Pineapple

4

**\$\$ DOLLAR DAY \$\$**  
Meatball Parm Hero  
Oven Baked Fries  
Baked Beans  
Fresh Grapes

5

Oven Baked Pizza  
Sticks  
W/ Tomato  
Dipping Sauce  
Carrot Coins  
Fresh Banana

6

**CLOSED**

Superintendents  
Conference Day

9

Chicken Parm  
Spaghetti Side  
French Bread  
Spinach Salad  
Berry Cup

10

Egg & Cheese-Roll  
Red pepper strips  
Sweet Corn  
Fresh Grapes

11

**\$\$ DOLLAR DAY \$\$**  
WG French Toast  
Sticks W/ Turkey  
Sausage  
Tater Tots,  
Carrot Sticks  
Applesauce  
**\$1 Lunch**

12

Beef Hot Dog  
WG Bun  
Oven Baked Fries  
Baked Beans  
Fresh Orange

13

**FUEL SPECIAL**  
**Nacho Pizza**  
Ground Chicken,  
Cilantro, Cheddar  
Cheese  
Sliced Cucumbers  
Sliced Peach Cup

16

Popcorn Chicken  
Mashed Potato Bowl  
Sweet corn  
Bread Stick  
Fresh Orange

17

Turkey Reuben  
Swiss Cheese,  
Coleslaw & Russian  
Dressing  
Oven Baked Fries  
Broccoli  
Applesauce



18

**Burger BAR**  
Assorted Beef  
Burgers  
*Plain, Cheese, BBQ*  
*Lettuce & Tomato*  
*Baked Beans*  
*Carrot Coins*  
*Fresh Banana*

19

Waffles W/Chicken  
Sausage  
Maple Syrup  
Tater Tots  
Mixed Berry Cup

20

BBQ Pulled Pork  
Sandwich  
Sweet Potato  
Buffalo Cauliflower  
Sliced Pineapple

23

Oven Baked  
Mozzarella Sticks  
Tomato Dipping  
Sauce  
Tater Tots  
Celery Sticks  
Mixed Berry Cup

24

Boneless Buffalo  
Glazed Chicken  
Wings  
Celery Sticks  
Fresh Grapes



25

**\$\$ DOLLAR DAY \$\$**  
Chicken Nachos W/  
WG Tostito Scoops  
Brown Rice,  
Baked Beans  
Fresh Apple  
**\$1 Lunch**

26

WG French Toast  
Sticks W/ Turkey  
Sausage  
Tater Tots,  
Carrot Sticks  
Banana

27

Chicken Fajita Wrap  
Broccoli  
Sweet Potato  
Fresh Strawberry  
cup

30

Oven Baked  
Chicken Tenders  
Garlic Bread  
Carrot Coins  
Applesauce

31

\*\* Bacon Egg &  
Cheese-Roll  
Tater Tots  
Red pepper strips  
Sliced Melon

**EVERY  
WEDNESDAY  
IS  
"DOLLAR DAY"**  
**All complete  
lunches are  
only \$1**

**Daily Milk  
Choice  
1%  
Skim  
Fat Free-  
Chocolate**

### More info...

Lunch Price is \$2.45

If you have a food allergy please speak to the nurse or food server about it

**\*\* = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.

## Menu subject to change



### More info...

Available Daily.....Made to order Deli Bar, Salad Bar, assorted WG pizza, yogurt parfait w/ granola, veggie platters with cheese sticks & WG dinner roll. Hamburger on a WG bun or Chicken patty on a WG bun. Carrot & celery sticks offered daily. Assorted bread basket and fresh fruit.