

MAHOPAC CENTRAL SCHOOL DISTRICT

179 East Lake Blvd. Mahopac, NY 10541 (845) 628-3415

Thomas Manko
Superintendent of Schools

Dear Parent/Guardian:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is part of the survey, we will be reporting to New York Sate Department of Health, information about our students' weight status groups for the present first, third, fifth, eighth, and eleventh grades. **Only summary information is sent. No names and no information about individual students are sent.** However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you have a child (ren) in any of these grades levels and you **do not** wish to have his/her weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your building school nurse.

Please do not include my child's weight status information in the ~~2013~~2014 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature