

# TEEN NIGHT

## Community Outreach Center



**A Free Drop in Center for Youth Ages 14 to 20 Years Old**

Hours

Thursdays 6pm to 8pm and Fridays 2:30pm to 8pm

A safe environment to hang out with friends, Play Pool, Watch the latest movies, Free Internet, Homework Help, Peer Support Groups, Arts & Crafts, Snacks & Drinks, Free Pizza, Play video games (Xbox One, PlayStation 4), Counseling & Referral Services, Volunteer Opportunities, Resume & Job Application Assistance

*The Community Outreach Center is a program of Green Chimneys*

**965 Route 22, Brewster, NY 10509 (845) 279-1467**

In Scout Plaza under the overpass

24 hour CRISIS Hotline (845) 279-2588



# YOUTH "ALL" MIGHTY

*"We may be RARE but we've got a ROAR!" - Julie FlyGare*

## Mission

Youth "ALL" Mighty or YAM is a small network of youth in Putnam County who have been "labeled" and are seeking change. By utilizing the gifts of compassion, knowledge, and experience to help not only ourselves but others stand up, speak up, and empower. To help others see the value of living a more purposeful life. To support the youth in developing positive group norms and in making healthy decisions.

## Vision

To be the voices of action. To encourage, promote, develop and implement community based solutions. To express freely. To shatter stigma!

## Goals

- To promote academic achievement, self esteem, self-confidence, competence.
- To promote knowledge about health, healthy lifestyle choices, knowledge about health services.
- To spread awareness.
- To empower by speaking up for myself and confronting negative beliefs.
- To empower by creating goals.
- To empower by getting connected with the peer movement.
- To continue learning :
  - communication skills,
  - about my rights,
  - how to reach out for help,
  - how to create plans to get my needs met,
  - where to seek support

## Membership

A member is someone who supports the mission of the group. It encourages individual insight - allowing you to be the voice that allows the movement to grow. It will allow you the opportunity to learn and expand your knowledge of the movement to implement change in the system and in the community. Being a member means you are age 12 - 24, live in New York State, and have been labeled in a state system. For example, with having a disability, mental health issue, being a foster care youth, substance abuser, or a juvenile offender. Become a member by filling out the membership form and allowing us to create a network of youth advocates.