



LUNCH

JANUARY 2019

High School

Salad

Gadsden Independent School District

Monday

Tuesday

Wednesday

Thursday

Friday

2019

Happy New Year 2019

1

Happy New Year 2019

2

Happy New Year 2019

3

Happy New Year 2019

4

Happy New Year 2019

7

Happy New Year 2019

8

Happy New Year 2019

9

Greek Yogurt Plate
Baby Carrots
Honey Graham Crackers
Mixed Fruit Cup w/ Craisins
Milk

10

Chef Salad - Shrimp
Goldfish Crackers
Banana w/ Craisins
Milk

11

Oriental Chef Salad
Chicken Fajita
Corn on Cob
WG Roll
Pear
Milk

14

Mediterranean Chef Salad
Chicken Fajita
WG Roll
Apricot Cup
Milk

15

Caesar Chef Salad- Chicken
WG Roll
Grapes
Milk

16

Taco Bowl- Chicken
Edibowl
Peas & Carrots
Banana
Mango Rosati Ice
Milk

17

Tuna Salad Edibowl
Charro Beans
Applesauce Cup
Milk

18

MARTIN LUTHER KING JR. Day



21

Greek Yogurt Plate
Pinto Beans
Honey Graham Crackers
Grapes
Milk

22

Oriental Chef Salad
Chicken
Tomato Wedges
WG Roll
Orange
Milk

23

Cobb Chef Salad
WG Roll
Mixed Fruit Cup
Milk

24

Chef Salad - Turkey
Sweet Corn
WG Roll
Pear Cup
Milk

25

Chef Salad - Turkey
Turkey Stick
Baked Beans
Goldfish Cracker
Banana
Cherry Rosati Ice
Milk

28

Taco Salad - Chicken
Carrot Raisin Salad
Peach Cup
Milk

29

Caesar Salad
Grilled Chicken
WG Roll
Pineapple, Canned
Milk

30

Oriental Salad
Breaded Chicken
Corn on Cob
WG Roll
Grapes
Milk

31

Condiments Offered
Daily
Ketchup, Mustard,
Ranch, Relish,
Salad Dressing, Salsa

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