

# DIRECTORY OF FAMILY SUPPORT SERVICES PROGRAMS for Westchester County Residents: Please call the program directly to obtain services

## ADVOCACY, CRISIS, CASE MANAGEMENT AND SHORT TERM FAMILY ASSISTANCE

**Advocates for Exceptional Children, Inc.**, Attn: Regina Filannino 845-526-1177 [afec01@aol.com](mailto:afec01@aol.com)  
Short Term Family Assistance, This grant will help families who do not have Medicaid and/or OPWDD eligibility to get into the system and to be helped in identifying the services they need. Families will be empowered by educating them to learn to navigate the system themselves.

**Cardinal McCloskey** 115 Stevens Ave., Valhalla, NY 10595. 914-997-8000 Attn: **MSC** Supervisor, Maggie Story x147.  
Short Term Family Assistance: Service Coordination for those needing assistance applying for Medicaid, OPWDD, and/or other benefits and services. [mstory@cmcs.org](mailto:mstory@cmcs.org)

**CARC Inc./Keon Rehab.**, PO Box 147, Montrose, NY 10548-0147. Call Amy Playford 737-6980 x111 or Tresha McIntyre at x113. Case management for Keon enrollees; outreach, Northern Westchester. [Amy.playford@keoncenter.org](mailto:Amy.playford@keoncenter.org)

**Cerebral Palsy of Westchester (CPW)** 1186 King St., Rye Brook, NY 10573 Attn: Lauren Bassin, Supervisor; 914-937-3800 x 224. Kathy Walters 914-937-3800 x355 – Short Term Family Assistance. CPW staff will assist families needing services with identifying resources in the community and working with families to access services such as applying for Medicaid, coordinating referral materials for eligibility, working with school districts in an advocacy role, assistance with obtaining guardianship, accessing services and supports. Emails: [lauren.bassin@cpwestchester.org](mailto:lauren.bassin@cpwestchester.org); [Katherine.walters@cpwestchester.org](mailto:Katherine.walters@cpwestchester.org)

**Epilepsy Society**, 200 White Plains Rd., Tarrytown, NY 10591. Call Kali Fiore: 845-627-0627 x113. Case management and information and referral for children with epilepsy. [kliston@efsny.com](mailto:kliston@efsny.com)

**Grace Church Community Center**, 33 Church St., White Plains, NY 10601. Call Ada Raiford: 948-5044. Outreach to minorities and Wednesday “drop-in” recreation program. [adaraiford@gracecommunitycenter.org](mailto:adaraiford@gracecommunitycenter.org);

**Student Advocacy Svces., Inc.**, 3 West Main St., Elmsford, NY 10523 Call Carole Boccumini or Helpline: 347-3313. School-related advocacy, birth to 21. Bi-lingual services. Addresses problems with school registration, transportation, behaviors, academic progress, Special Ed services. [lsyron@studentadvocacy.net](mailto:lsyron@studentadvocacy.net)

**Westchester ARC Family Outreach Program**, 265 Saw Mill River Road, Hawthorne, NY 10532. Attn: Mary Ann Shelton, Supervisor- 914-495-4606; Martha Pisculli – 495-4588. [mshelton@westchesterarc.org](mailto:mshelton@westchesterarc.org); Assist families with applications for benefits, OPWDD eligibility, and getting set up for Medicaid Service Coordination (MSC). Help families’ access services such as respite and recreation. Martha Pisculli is fluent in Spanish.

**WARC Crisis Program** 265 Saw Mill River Rd., Hawthorne, NY 10532 . Call 949-8200: 24 hours/day, 7 days per week. Crisis intervention for families with a developmentally disabled member living at home. Day time hours: Sharisse Hunter – 495-4592 8a-4p. [shunter@westchesterarc.org](mailto:shunter@westchesterarc.org)

## IN-HOME RESPITE and FAMILY REIMBURSEMENT

**Family Focus Family Respite Service**, PO Box 1391, Yorktown Heights, NY 10598. Call Mary Ellen Tegtmeier or Pat Edelstein: 962-6295 or 6296. Reimbursement directly to families for respite provider. Family chooses their own provider. Emails: [MeTegtmeier@aol.com](mailto:MeTegtmeier@aol.com); [pate1391@verizon.net](mailto:pate1391@verizon.net).

**WJCS: Project Time Out**, 845 N. Broadway, Suite 2, White Plains, NY 10603. Call Carol Kobroff: 761-0600 x310. Reimbursement to families for agency hired or own sitter. [ckobroff@wjcs.com](mailto:ckobroff@wjcs.com)

**Taonic Innovations** In home respite for non-Medicaid eligible persons, (4-12 hrs/wk) or persons awaiting Medicaid eligibility. Call Sandy Ali at 668-9041 or 557-3878. [sandy@taonicinnovations.com](mailto:sandy@taonicinnovations.com)

## IN HOME FAMILY TRAINING and CRISIS FAMILY TRAINING

**Hawthorne Country Day School**, 5 Bradhurst Ave., Hawthorne, NY 10532. Attn: Erin Moran [erinkmoran@gmail.com](mailto:erinkmoran@gmail.com). (914) 486-8304 Parent Education Program-Parent training 14 hours per year in home, evenings and weekends. Frequency of visits determined by family needs.

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**The Home Program, Inc.** In-home behavior therapy and parent training provided upon request to help address issues related to sleeping/bedtime, toileting, mealtime independent living skills, basic compliance community behavior and many other life activities. Ages up to 16. Call Donna Cardoso Calado or Ronnie McTiernan at 949-3751.  
[www.thehomeprogram.org](http://www.thehomeprogram.org). Download and complete the application. [notantrumsli@verizon.net](mailto:notantrumsli@verizon.net);  
[vmctiernan@thehomeprogram.org](mailto:vmctiernan@thehomeprogram.org)

**Westchester ARC CBI Training**, 265 Saw Mill River Rd., Hawthorne, NY 10532. Attn: Sharisse Hunter 495-4592  
[shunter@westchesterarc.org](mailto:shunter@westchesterarc.org). Crisis Behavioral Intervention (CBI) Training for Families Crisis intervention techniques for families with children ages 7 to 18. 30 weeks for 25 families for 1.5 hours/wk in the home.

## **WJCS CORDD (Crisis Oriented Response for Developmental Disabilities)**

141 North Central Avenue Hartsdale, NY 10530 Attn: Pat Grossman 949-6762 x455 OR Kari Phillips at 949-6762 x 369:  
[pgrossman@wjcs.com](mailto:pgrossman@wjcs.com) or [kphillips@wjcs.com](mailto:kphillips@wjcs.com) Combines in-home and office visits to work with families experiencing, non-life-threatening crisis situations. Response within 24 – 48 hours.

## **OUT-OF-HOME RESPITE and "AFTER PROGRAM" RESPITE**

**CARC Inc./Keon Rehab.**, PO Box 147, Montrose, NY 10548-0147. Call Amy Playford 737-6980 x111 or Tresha McIntyre at x113. After Program Respite 3 days per week after day program for Keon enrollees and other individuals who may need it in Northern Westchester. [Amy.playford@keoncenter.org](mailto:Amy.playford@keoncenter.org)

**Hawthorne Country Day School**, 5 Bradhurst Ave., Hawthorne, NY 10532. Attn: Dina Bertoline 914-592-8526 Saturday Spectacular Respite program – 1x/mo for 3hours. Specializes in serving children with Autism/behavior problems.  
[dbertoline@hawthornecountryday.org](mailto:dbertoline@hawthornecountryday.org).

**Jawonio**, 176 South Broadway, Yonkers, NY 10701. Attn: Esther White 963-8666 x311 [esther.white@jawonio.org](mailto:esther.white@jawonio.org)  
Adult after day program 2X per week for 40 weeks for those who live in the Yonkers area. 3p-6p. Avg. age 21-30, but would consider HS students 18 and up without transportation. Includes transportation.

**Richmond Children's Center**, 919 N. Broadway, Yonkers, NY 10701. Call Jennifer Lugo: 968-1900 x5034. Weekend and weeklong respite for medically fragile children. Program expansion in 2010 to provide one to one aides for children.  
[jlugo@richmondcommserv.org](mailto:jlugo@richmondcommserv.org)

**WARC Respite House**, 622 Manhattan Avenue, Thornwood, NY 10594. Call : Jody Campbell: 495-4517. Out-of-home respite, 24 hrs/day, all ages. [jcampbell@westchesterarc.org](mailto:jcampbell@westchesterarc.org) Supervisor: David Gasparri 495-4521  
[dgasparri@westchesterarc.org](mailto:dgasparri@westchesterarc.org).

**St. Agatha's Home for Children**, 135 Convent Road, Nanuet, NY, 10954. Call Margaret Barry, 845-770-0888 x200. Out-of-home respite, all ages, weekends only. [margaretba@nyfoundling.org](mailto:margaretba@nyfoundling.org)

**Wagon Road Camp**, P.O. Box 47, Chappaqua, NY 10514. Call Vince Canziani at 238-4761. Monthly weekend out-of-home respite in a camp like setting, school age. Oct.-May. Some weekends cover school holidays.  
[vincec@childrensaidsociety.org](mailto:vincec@childrensaidsociety.org).

## **RECREATION PROGRAMS: Check for your geographic area .**

**Backyard Sports Cares**: 75 S. Broadway, White Plains, NY 10601 Attn: Danny Bernstein 914-304-4052 or Linda Banta. Expands program from 25 to 50 people 22 weeks of hourly sports – basketball, soccer and baseball. Program has extremely good reputation. [lbanta@optonline.net](mailto:lbanta@optonline.net)

**CP of Westchester**, 1186 King St., Rye Brook, NY 10573. Call Denise Avolio at 937-3800 x413. Barrier Breakers Wheelchair Basketball, Saturdays, Ages 12-17. Saturday Explorers program for children with Autism; Lekotek Saturday program as well. Funding enhancement for Adult Recreation program on Saturdays. [Denise.avolio@cpwestchester.org](mailto:Denise.avolio@cpwestchester.org)

**Fox Lane Middle School**, PO Box 298, Route 172, Bedford, NY 10506. Attn: Dr. Peter Faustino 241-6119 CARES After School Program-16 weeks of after school programming conducted in conjunction with North East. Target groups are elementary and middle school children with autism. Two separate program sites, 2 and ½ hours 1X/wk for middle school, 1 hr/wk elementary school. 8 weeks fall, 8 weeks spring. Transportation home included. [Pfaustino1771@bcstdny.org](mailto:Pfaustino1771@bcstdny.org)

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These programs are funded by Region 3, HUDSON VALLEY DDSO, WESTCHESTER OFFICE, a branch office of the NYS Office for People with Developmental Disabilities. (OPWDD) 220 White Plains Rd., SUITE 675, Tarrytown, NY 10591.

FOR ADDITIONAL INFORMATION: CALL CLAUDIA SPAZIANTE: 914 332-8958 or email her at [Claudia.spaziante@opwdd.ny.gov](mailto:Claudia.spaziante@opwdd.ny.gov)

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**Friends Network** Call Maureen Henke at 845-278-0820. Recreation for adults with mild disabilities. Based in Northern Westchester. [Maureen\\_henke@yahoo.com](mailto:Maureen_henke@yahoo.com)

**Greenburgh, Town of**, Dept. of Recreation, Olympic Lane, Ardsley, NY 10502. Noel Broccoli at 693-8985 x128. After school, weekend and summer camp recreation programs. Serves Greenburgh residents and those in the unincorporated towns. [nbroccoli@greenburghny.com](mailto:nbroccoli@greenburghny.com)

**Heartsong**, 277 Martine Ave., Suite 230 White Plains, NY 10601. Call Marion Anderson at 420-9952. Music and Art group therapy lead by licensed music and art therapists. [www.Heartson.org](http://www.Heartson.org) is the website; contact Marion at [marion.anderson@heartson.org](mailto:marion.anderson@heartson.org).

**HERO, Inc.** Call Brenda Speyer at 725-2481 or Janet Lefkowitz at 761-2130. Adapted recreation including tennis, dance percussion, pet therapy for children and adults with disabilities. [heroinc@optonline.net](mailto:heroinc@optonline.net).

**JCC on the Hudson**, 371 North Broadway, Tarrytown. Call Mindy Cohen at 366-7898, x108. "New Opportunities" After school program for special needs children ages 6-12, including physical disabilities. Sunday program expansion in 2011 including 2 separate age groups. [mcohen@jcconthudson.org](mailto:mcohen@jcconth Hudson.org)

**JCC of Mid Westchester**, 999 Wilmot Rd., Scarsdale, NY. Call Charley Moskowitz at 472-3300, x361. Sunday Funday recreation and Sib Shops for siblings; Addition of Tai Chi classes for parents and children in 2011. [moskowitzs@jccmw.org](mailto:moskowitzs@jccmw.org) You can also contact Randi Seid at [seidr@jccmw.org](mailto:seidr@jccmw.org)

**Mt. Vernon, City of**, Dept. of Recreation, Room #3 - City Hall, Mt. Vernon, NY 10550. Call Pam Loeffel: 665-2437. Rose Simon After school, Saturday, vacation week/ summer camp recreation. Funding enhancement for adult programs in 2008 to include bowling and social club on Friday nights. [ploeffel@yahoo.com](mailto:ploeffel@yahoo.com)

**Music Conservatory**, 216 Central Ave., White Plains, NY Call Tina Brescia: 761-3900 x 134. Scholarship Funding for music therapy. [tbrescia@musiced.org](mailto:tbrescia@musiced.org)

**New Rochelle, City of.**, Dept. of Parks & Recreation, 515 North Ave., New Rochelle, NY 10801. Call Janet Guarasci: 654-2088. After school, summer camp and school vacation. [jguarasc@newrochelleny.com](mailto:jguarasc@newrochelleny.com)

**N.Y. Special Olympics**, 1207 Route 9, Suite 1-C, Wappinger Falls, NY 12590.. Joshua Corday at 1-845-765-2497. Week-end respite & recreation trips conducted away from home. [jcorday@nyso.org](mailto:jcorday@nyso.org)

**North East Westchester Special Recreation**, 63 Bradhurst Ave., Hawthorne, NY 10532. Call Janet Riley: 347-4409. Recreation programs, all ages. Serves Bedford, Briarcliff, Lewisboro, Mt. Kisco, Mt. Pleasant, New Castle, North Castle, Pleasantville, Pound Ridge, Sleepy Hollow and Somers. Addition of music therapist to staffing in 2011. [jriley@northeastsspecialrec.org](mailto:jriley@northeastsspecialrec.org)

**Nor West Regional Special Svcs.** P.O. Box 420, Crugers, NY 10521. Call Chris Morabito: 737-4797. A variety of recreation programs, all ages, serves Cortlandt, Yorktown, Ossining, and Peekskill. [Chris@nor-west.org](mailto:Chris@nor-west.org)

**Putnam Recreation for the Handicapped**, 953 South Lake Blvd., Mahopac, NY 10541 Call or email Jim Sullivan: 845-661-9820. Provides weeklong program at the end of the school year for northern Westchester residents. [Prph953@gmail.com](mailto:Prph953@gmail.com)

**The Recreation Team**, PO Box 210, Hartsdale, NY 10530. Jeannie O'Brien at 845-621-2734. Weekend recreation trips (day and overnight) for adults. [Recreationteam@aol.com](mailto:Recreationteam@aol.com)

**SPARCYouth and Young Adult Recreation:** Serving youth-adults After-school, evenings, weekends. Social clubs, recreation activities, therapeutic arts and trips. Call Rose Rothe or Patti Columbo at 243-0583. [info@sparcinc.org](mailto:info@sparcinc.org)

**South East Consortium**, 740 West Boston Post Road, Mamaroneck, NY 10543. Call Jerry Peters 698-5232, x103. A variety of recreation programs, all ages. Serves Mamaroneck, Pelham, Rye/Rye Brook, Port Chester, Larchmont, Scarsdale, Eastchester, Bronxville, Tuckahoe, Harrison. [www.secrec.org](http://www.secrec.org) ; [jpeters@secrec.org](mailto:jpeters@secrec.org)

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**Steffi Nossen Dance Program, Moving Wheels and Heels**, 216 Central Ave., White Plains, NY 10606. Call Judy Ross at 328-1900. Scholarship funding for adapted dance. [jgr@steffinossen.org](mailto:jgr@steffinossen.org)

**Taconic Innovations**, Roots and Wings After school program located in Mt. Vernon, NY. Call Sandy Ali at 668-9041 x305. Ages 5-16, all developmental disabilities. [sandy@taconicinnovations.com](mailto:sandy@taconicinnovations.com)

**White Plains, City of**, Dept. of Parks & Recreation, 85 Gedney Way, White Plains, NY 10605. Call Matt Hansen at 422-1363. Variety of recreation/Special Olympics for teens and adults; Summer inclusionary camp; Funding enhancement in 2008 for Arts and Dance program for children ages 12-21; additional funding provided in 2011 for one to one aides for summer camp. [mhanson@whiteplainsny.gov](mailto:mhanson@whiteplainsny.gov)

**Yonkers, City of**, Dept. of Parks, Rec.& Con., 285 Nepperhan Ave., Yonkers, NY 10701. Call Tara Conte: 377-6438 or Steven Loftus at 377-6436. Recreation programs, evening/summer, ages 6-adult. [Tara.conte@yonkersNY.gov](mailto:Tara.conte@yonkersNY.gov) ; [steven.loftus@yonkersNY.gov](mailto:steven.loftus@yonkersNY.gov).

**YAI Project WRAP**, 677 White Plains Rd., Tarrytown, NY, 10591. Extended day recreation program, adults only Call Prathistha Lucksom: 631-2400, x104 [prathistha.lucksom@yai.org](mailto:prathistha.lucksom@yai.org)

**YWCA of White Plains**, 515 North St., White Plains, NY 10605. Call Jim Sullivan: 949-6227 x108 or 845-661-9820. After school, summer camp and school vacation camp, recreation programs. School age, transportation included. Funding enhancement in 2010 to provide funds for one to one staff. Funding enhancement in 2011 for Step, Stroke and Dance to fitness programs ages 13-25. Meets twice per month on Fridays. [jsullivan@ywcawpcw.org](mailto:jsullivan@ywcawpcw.org)

## **SOCIAL CLUBS and SUPPORT GROUPS**

**Parent's Place**, 2 Central Ave., Tarrytown, NY 10591. Call Lenore Powers at 309-0933. [lpowers@theguidancecenter.org](mailto:lpowers@theguidancecenter.org). Monthly Parent support meetings and bi-monthly family day for parents with children who have Autism Ages Birth to 10. Program is sponsored by the Guidance Center – call Donna Morrison at 636-4440 x269 [dmorrison@theguidancecenter.org](mailto:dmorrison@theguidancecenter.org)

### **Rockland County Association for the Learning Disabled (RCALD)/YAI**

Call Doug Wright at 939-9063 or 212-273-6100 x2739. Coffee house social club for adults. Meets at YAI in Tarrytown to plan activities each week in the community. Transportation to activities included. Contact for email: [Erica.arancibia@yai.org](mailto:Erica.arancibia@yai.org)

### **WARC Reunion Club Program/Echo Outdoors**

265 Saw Mill River Rd., Hawthorne, NY 10532. Call Jody Campbell at 495-4517 Fri/Sat recreation programs for adults. New in 2013: Magic to Do Players – Drama group that meets on Saturdays, formerly run by WESTCO. . [jcampbell@westchesterarc.org](mailto:jcampbell@westchesterarc.org) Supervisor: David Gasparri 495-4521 [dgasparri@westchesterarc.org](mailto:dgasparri@westchesterarc.org).

### **WJCS "Moving Forward"**

141 North Central Ave., Hartsdale, NY 10530. Call: Kari Phillips 949-7699 x369. Therapeutic recreation and social club for adults. Meets weekly in the evenings. [kphillips@wjcs.com](mailto:kphillips@wjcs.com)

## **THERAPY/COUNSELING for INDIVIDUALS AND FAMILIES WITH DEVELOPMENTAL DISABILITIES**

**WJCS** –Individual, family & group therapy offered to children & adults with disabilities & their family members. Comprehensive mental health services available. Contact Pat Grossman at 949-7699, ext. 355. [pgrossman@wjcs.com](mailto:pgrossman@wjcs.com)

**Parents Place** – Funded in 2011 to provide individual and group counseling to families who have children with Autism. Call or email Lenore Powers at 309-0433. [lpowers@theguidancecenter.org](mailto:lpowers@theguidancecenter.org)