

GADSDEN INDEPENDENT SCHOOL DISTRICT

ATHLETIC GUIDELINES

MIDDLE SCHOOL

2015-2016

Chaparral Middle

Gadsden Middle

Santa Teresa Middle

Fall: Football, Volleyball

Winter: Boys & Girls Basketball

Spring 2: Track, Baseball, Softball, Girls & Boys Soccer

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PREFACE

This is the official publication of the Gadsden Independent School District Athletic Middle School Policies and Procedures. It is designed to assist administrators, coaches, and participants with the operations of this district.

Schools are urged to make this handbook available to those responsible for conducting the various athletic programs, which in turn should review all rules, regulations of the district with the student athletes and parents as appropriate.

GISD

Middle School Athletic Personnel

District Office:

Karen Nougues, Athletic Director

575-882-6924

Terry Alvarado, Athletic Secretary

575-882-6942

Priscilla Gutierrez, Athletic Secretary

575-882-6922

Chaparral Middle:

Marti Muela, School Principal

Charlene Bonham, Asst. Principal/Athletic Coordinator

Gadsden Middle:

Veronica Quinones, School Principal

Julian Mora Asst. Principal/Athletic Coordinator

Santa Teresa Middle:

Rosa Lovelace, School Principal

Tony Robles, Asst. Principal/Athletic Coordinator

General Rules and Regulations

Eligibility

- Participation is a privilege, not a right.
- The student athlete must maintain a 2.0 and cannot have more than 1 “F” at 9 week grading period.
- Failure to fulfill grade eligibility at 9 week mark results in student being deemed ineligible until next 9 week grading period.
- Participation is a privilege, not a right.
- Players **MUST** have a physical, insurance AND complete the Concussion Law program
- Practice is mandatory

Practice and Game Playing Time

- Practice is mandatory
- Excused absences due to health, family emergencies are to be dealt with by the coach.
- All athletes that attend EVERY practice the week of the game **MUST play in the game.**
- Practice is considered closed to guests unless specified by Administration

Team Rosters

- The process to select team members **MUST** be approved by the Athletic Coordinator
- Skills assessment must be completed
- Players cannot join team once rosters are set

FALL SPORTS

Football

Practice Date – Practice may begin on the August 26, 2015.

- Each team or individual must have at least ten (10) days of practice before competing in a game. Sundays are not counted toward the ten (10) days of practice required in advance of competition.
- The first four (4) days of practice for each participant/team shall be a time of conditioning without the wearing of pads (helmets are permissible.) The remaining six (6) days, pads are permissible.

Team Limits

- Total participants at the Middle School will be 100.
- Uniforms will be purchased on the premise of 50 7th grade and 50 8th grade participants. However, it is at the coaches/school administration discretion as to how they reach the 100 total. Ex. (40) 7th and (60) 8th.

Game Limitations

- 7th grade teams are limited to seven (7) games
- 8th grade teams are limited to seven (7) games

***** Due to GISD playing in El Paso we exceed the 7 game limits. To resolve this it is the coach's responsibility to ensure that each player sits out one game.

Volleyball

Practice Date – Practice may begin on August 26, 2016

Try-outs

- Each school will have try-outs
- Try-outs are to consist of skill demonstration, practice and scrimmages.
- A roster is to be kept and the 15 highest ranked participants will be placed on the “A” team

Match Rules

- We will play all Best 2 of 3 games to determine winner
- Scoring procedure (to determine the winner of the match):
- Rally scoring
- 25-point games must win by 2 (Cap at 30)
- Timeouts allotted per game – Per NMAA and UIL rules

***** ALL THREE GAMES WILL BE PLAYED NO MATTER OUTCOME OF FIRST 2 GAMES . Third game will be played to 15.

Serve

- 7th Grade: Player serving has the option of serving either under handed or over handed.
- 8th Grade: Player must serve overhand
- 8th Grade: Must use Libero

Basketball

Practice Dates: May begin the Monday following the end of football/volleyball/ "A" Team Basketball season

Try-outs

- Each school will have try-outs
- Try-outs are to consist of skill demonstration, practice and scrimmages.
- A roster is to be kept and 15 highest ranked participants will be placed on the team

Track

Practice Date: Monday following end of Basketball

Try/out – Team Limits

- Total participants at the Middle School will be 80.
- Uniforms will be purchased on the premise of 80 participants. However, it is at the coaches/school administration discretion as to how they reach the 80 total. Ex. (30) 7th and (50) 8th.
- Try- outs will consist of participants being times in running events and distance/height in throwing and jumping events.

*** Participants must compete in a minimum of 3 events

Baseball/Softball

Practice Date – Practice may begin the Monday following the last track meet.

Try/out – Team Limit

- Uniforms will be purchased on the premise of 14 7th grade and 14 8th grade participants. However, it is at the coaches/school administration discretion as to how they reach the 28 total. Ex. (15) 7th and (21) 8th.

*****All games are 2 hour drop dead time limit.

Soccer

Practice Date – Practice may begin the Monday following the last track meet.

Try/out – Team Limits

- Each campus will have one 7th and one 8th grade team for both girls and boys.
- Uniforms will be purchased on the premise of 18 7th grade and 18 8th grade participants (boys/girls). However, it is at the coaches/school administration discretion as to how they reach the 36 total. Ex. (15) 7th and (21) 8th.

All athletes that attend EVERY practice the week of the game MUST play in the game

Tournament Participation Rules:

Volleyball: Pre-season tournaments are played against various El Paso School Districts. GISD agrees to play by the El Paso Tournament Rules.

The rules are as follows:

Participation Rule

- Team Roster –15 players –rosters may vary
- Separate team into two units
- First unit plays during first game
- Second unit plays during second game
- 3rd game if played offer free substitution and all players eligible to play
- First unit cannot play in second quarter / second unit cannot play in first.

Ex. Unit one has 7 players – This group plays 1st Game

Unit two has 8 players – This group plays 2nd. Game

Any of the 15 can play during 3rd game

Basketball:

Participation Rule

- Team Roster –15 players- rosters may vary
- Separate team into two units
- First unit plays during first quarter
- Second unit plays during second quarter
- 3rd and 4th quarter offer free substitution and all players eligible to play
- First unit cannot play in second quarter / second unit cannot play in first.

Ex. Unit one has 7 players – This group plays 1st Qrt.

Unit two has 8 players – This group plays 2nd. Qrt

Any of the 15 can play during 3rd/4th quarters

**** Participation Rules ONLY apply to tournaments.